



John Clarke

SENIOR LIVING

Trustworthy Responsive Unity Service Thriving

*We are committed to Improving the lives we serve with respect
compassion and kindness.*



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Dear John
Clarke
Community,

Welcome
Spring!

In the cycle of
nature, Spring
is a reset
moment. The

dark days of winter are done away
with and as their season fades
away, in their place comes the
warm, gentle gift of Spring.

It is a season of renewal and in
that spirit, we are delighted that
our exterior renovation work is
underway! The nursing center brick
has been painted and the windows
and new siding project for the
retirement center is due to be
complete by June. We are
extremely grateful to the van
Beuren Family Foundation for their
generous gift to make this venture
a reality.

We are actively fundraising for
furniture and a pergola for our
beautiful new patio so that we can
get as much use out of this
amazing space as possible this



Mary Ellen Grosvenor
Joe Marion

summer. **Please help us get there
and donate today!**

The Garden Club is gearing up for a wonderful season of flowers and vegetables for the community to enjoy. We have purchased several new raised planters so that all may enjoy planting and harvesting with ease. Please let me know if you are interested in supporting and/or participating in our Garden Club.

Warm Regards,
Joan M. Woods, CEO

Ernest Hemingway
"When spring came, even the false
spring, there were no problems
except where to be happiest."

Information You Need to Know

Resident Leave of Absence

A resident leave of absence (LOA) is considered the act of a resident leaving the nursing center with a friend or family member to go to lunch, a medical appointment, next door to visit friends, or anywhere they are not accompanied by a John Clarke staff person.

Please review the following policy if you plan to take a resident on an outing.

- All residents must be signed out at the nurse's station with the name and phone number of the responsible party prior to leaving the building*.
- A nurse has to sign the resident out and back in, acknowledging the residents' departure and return to John Clarke. This ensures needs are anticipated, such as providing medications, treatments, etc. during the time the resident is out of the building.
- Residents are to be signed back in by the responsible party upon returning to the facility.

***The Leave of Absence book is now located at the nurse's station.**

Thank you for your cooperation.



Summer is Three Months Away!

We are Looking for Silent Auction Donations

for
John Clarke Polo and Prosecco
July 16th
at Newport Polo All Charity Day

- Event and sporting tickets
- Wine and liquor baskets
- Gift certificates
- Passes for outings
- Experiences
-And More!



Please consider donating! For more information and to make arrangements contact Beth in the business office at bfinnegan@johnclarkeseniorliving.org or 401-846-0743.

Your donation is tax deductible.

John Clarke is Deficiency Free

We are proud to announce that the RI Department of Health has completed their annual survey and John Clarke is in substantial compliance with all rules and regulations pertaining to nursing facility licensure. We are so grateful to our team for their hard work, commitment to excellence, compassion and kindness. Thank you!



We are Celebrating!!!!

**Thank you to our John Clarke Team
for all your hard work!**



John Clarke
SENIOR LIVING



**Please pardon our
appearance while we
undergo renovations.**

We are so excited to complete the final phase of our exterior renovation project this spring with new windows and siding on the independent living side of the building. Please pardon our appearance while we make things look spectacular!

April Birthdays



Happy Birthday to our
John Clarke Family
Members Celebrating this
Month!

Madeline Millin, April 1st
Donna Oehrtmann, April 2nd
Anita Easterbrooks, April 3rd
Julia Ohanley, April 6th
Katherine Leroy, April 9th
Clara Soriano, April 20th
Lila Mullen, April 21st
Robin Botelho, April 28th
Mary Brownell, April 30th

[Text Link](#)

WELCOME TO TO THE TEAM!

Charlot Brierly, CNA

Jeffifer Croce, Business Office Director

James Davis, Chaplain

Shamar Giddings Julius, CNA

Kathleen Leroy, CNA

Kyiesha Williams, CNA



Attention Resident Families

Our housekeeping department is coming across quite a bit of unlabeled laundry. Please be sure to give any personal items brought into John Clarke to laundry to label. We also have belongings inventory sheets at reception. Feel free to have a look at the lost and found the next time you visit. Labeling all belongings helps to prevent missing items.

From the Kitchen

Easter Ham

INGREDIENTS

1 bone-in whole ham (10 to 15 lbs.)

20 whole cloves

12 tooth picks

1 can Dr. Pepper

1 c. pineapple juice

1/2 c. brown sugar



1/3 c. Dijon mustard
12 Sliced pineapple

DIRECTIONS

1. Preheat oven to 350°. Score ham in a diamond pattern and dot with cloves. Using tooth picks hang the pineapples around the ham. Transfer to a roasting pan and cover loosely with foil. Bake until warmed through, 2 1/2 to 3 hours.

2. During the last 15 minutes of cooking, heat Dr. Pepper, pineapple juice, brown sugar, and mustard in a small saucepan over medium heat and cook until reduced by half.

3. Remove foil from ham and brush all over with glaze. Continue glazing ham every 10 minutes until caramelized and shiny.

Enjoy with groups of 10 or less,
Chef Scott

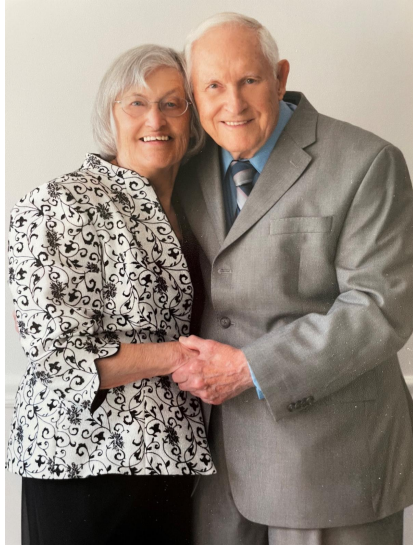
NEW FEATURE... MEET YOUR NEIGHBOR

Our John Clarke apartment building is full of folks who have led interesting, adventurous, and productive lives. This new feature will profile residents who agree to share their stories with our community. Hopefully you will discover common interests and unexpected connections with your neighbors. You may be surprised at the accomplishments and histories of your fellow residents.

MEET YOUR NEIGHBORS...

Betty and Ken Williams

Betty and Ken Williams found their home at John Clarke in 2009 after a circuitous route that brought Ken back to his cherished Aquidneck Island home.



Betty, born in 1928 on a farm in Allentown, PA showed remarkable initiative and independence for a woman of her generation. Her goal in life was to raise a family; her sharp intelligence showed that prospective husbands near the farm were in short supply in 1945. She took the civil service exam and got a government job in DC, joined the local Methodist church and a church-sponsored band which led her to playing the French horn in Constitution Hall! But alas no husband. After a stint in San Diego to help a sister, she returned to Pennsylvania, took another correspondence course and landed a job in New York City with Trans

Canada Airlines. Again she joined the Methodist Church which had an active singles program and found the man she was looking for, Ken, in the reading group.

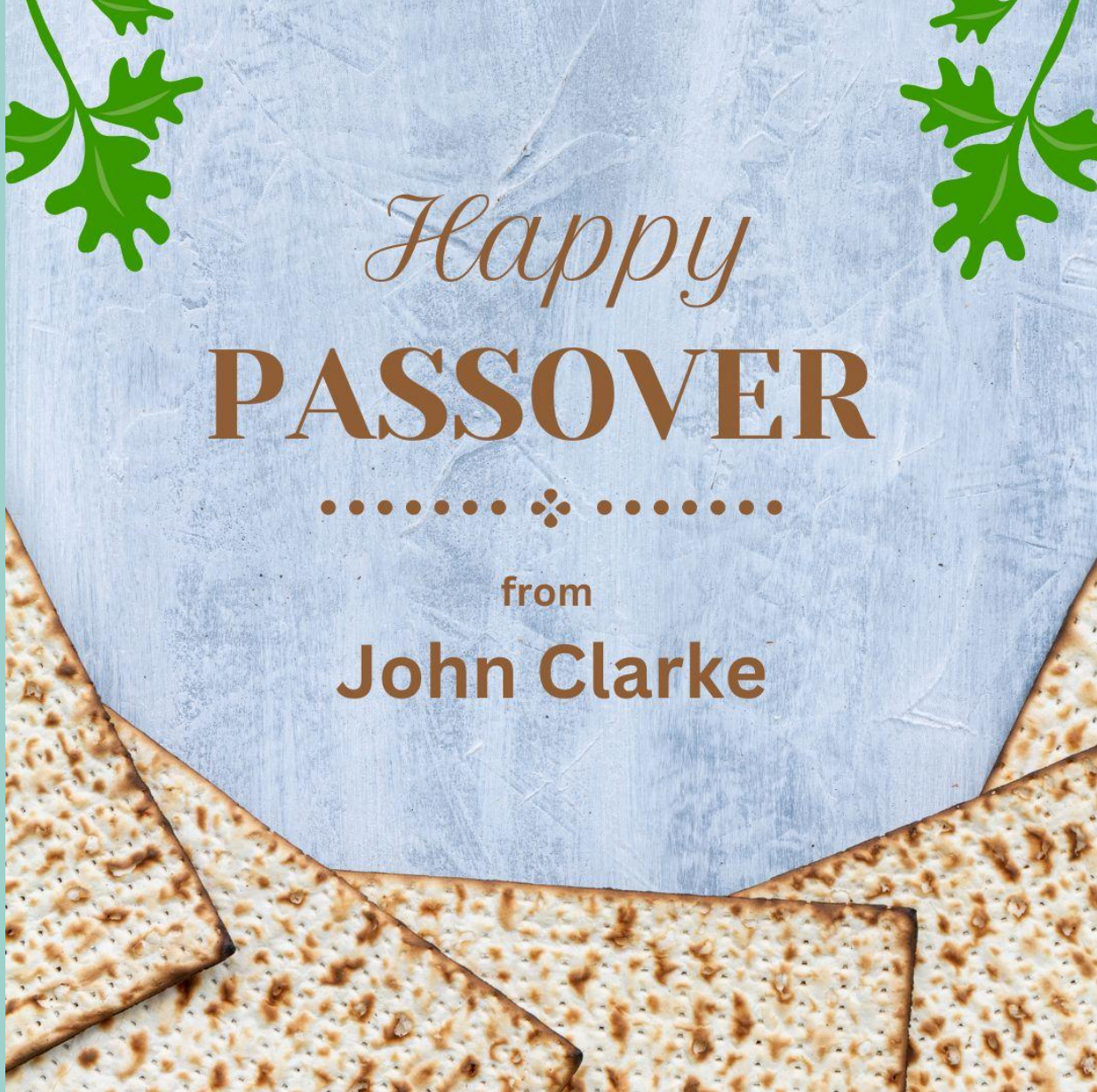
They married in 1961 at the farm; Betty made her wedding dress for a total cost of \$25. She continued to sew for her family.

While Betty was maintaining her high standards in the husband search, Ken was becoming established in the insurance industry. He graduated from Rogers High, spent 2 years in the Navy as a sonar operator where he caught the first US atomic sub on his radar. Following his service, he graduated from URI with a business degree and a job offer from Continental Insurance that took him to New York City and to Betty. His year of training was followed by 5 years in Chicago.

Ken never liked big city life; he moved to an underwriting job in Hartford and finally back to RI in 1986. They settled in Portsmouth where Ken worked for 9 years at the Newport Athletic Club. The Williams family consists of daughter, Lori, a pianist residing in North Kingstown and a son Jeff, a missionary in Cambodia. The Williams' have 3 grandchildren and 5 great grandchildren.

Their Methodist faith has been central to their lives and expressed in distributing Gideon Bibles to local hotels. Prior to Covid they were regulars at the Y's water aerobics classes.

Ken's 90th birthday celebration planned for early February was aborted by the sudden death of his niece Pam Maxson, known to many in our community. As for life at John Clarke, Ken and Betty appreciate that our facility is "a down to earth place." And Betty wishes to share this affirmation of her faith: "I love the Lord and am thankful for his salvation."



Happy

PASSOVER



from

John Clarke



HAPPY EASTER

From John Clarke



Chaplains Corner

What a great time of year it is as we see things in nature coming to life again. Soon that which has been dormant all winter is now showing signs of hope and beauty.

Psalm 118:24 reminds us that "This is the day the Lord has made let us rejoice and be glad in it."

Easter also is a reminder of the new life that came through the resurrection of Christ. Each new day is a gift from God that He wishes for us to enjoy.

May His peace guard your hearts and minds now and always.

Jim Davis
Chaplain JCSL

We are ready for spring. Check out what we have going on for residents this month!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: purple;">APRIL 2023</h1> <h2 style="color: purple;">NURSING CENTER</h2>						1 10:00 Nails and News 11:00 Walk to Dine 2:00 BINGO 3:30-5 Mix and Mingle <small>April Fool's Day</small>
2 10:30 Hymn Sing 11:00 Palm Sunday Service 2:00 Games 3:30 Snackivity <small>Palm Sunday</small>	3 10:00 Rise & Shine 2:00 Bingo 3:30 Time w/ Chaplain Jim 4-5 Stories w/Beth	4 10:00 Daily Chronicles w/ Beth 11:00 Sensory 2:00 Easter Crafts/Root beer Floats 3:30 Prayers and Praise	5 10:00 Circle of Friends 11:00 Easter Eggs 2:00 Resident Council 3:30 Bible Study w/ Chaplain Jim <small>Passover Begins</small>	6 10:00 Coffee Hour Ma's Donuts 2:00 Floral Arrangements 3:00 MAUNDY Thursday/ Service	7 10:00 Rosary/ Hymn Sing 2:00 Entertainment TONI & PAT 3:30 GOOD FRIDAY SERVICE BAKE SALE 🥰	8 10:00 Nails and News 11:00 Walk to Dine 2:00 BINGO 3:30-5 Mix and Mingle
9 10:30 Hymn Sing 11:00 Easter Sunday Service 2:00 Easter Egg Craft 3:30 Snackivity <small>Easter Sunday</small>	10 10:00 Rise & Shine 2:00 Bingo 3:30 Time w/ Chaplain Jim 4:00 Sing a long	11 10:00 Daily Chronicles w/ Beth 11:00 Sensory 2:00 Casino/Prizes 3:30 Prayers and Praise	12 10:00 Circle of Friends 11:00 Easter Eggs 2:00 VAN RIDE 3:30 Bible Study w/ Chaplain Jim	13 10:00 Coffee Hour Ma's Donuts 2:00 80 FOR BRADY MOVIE/POPCORN 3:00 Bible Study RC 3:30-5 Mix and Mingle	14 10:00 Rosary/ Hymn Sing 2:00 Entertainment w/ DOUG B 3:30 Trivia	15 10:00 Nails and News 11:00 Walk to Dine 2:00 BINGO 3:30-5 Mix and Mingle
16 10:30 Hymn Sing 2:00 Games 3:30 Snackivity Sunday Movie	17 10:00 Rise & Shine 2:00 Bingo 3:30 Time w/ Chaplain Jim 4-5 Stories w/Beth	18 Uniform Store 🥰 10:00 Daily Chronicles w/ Beth 11:00 Sensory 2:00 Bowling/ \$\$ 3:30 Prayers and Praise	19 10:00 Circle of Friends 11:00 Kings in the Corner 2:00 Van Ride 3:30 Bible Study w/ Chaplain Jim	20 10:00 Coffee Hour Ma's Donuts 11:00 Catholic Mass 2:00 Root Beer Floats 3:00 Bible Study RC MOVIE NIGHT 6-8PM	21 10:00 Rosary/ Hymn Sing 2:00 Entertainment w/ CHRIS WATERS 3:30 Name the Capital	22 0:00 Nails and News 11:00 Walk to Dine 2:00 BINGO 3:30-5 Mix and Mingle <small>Earth Day</small>
23 10:30 Cooking w/Dulce You Tube 2:00 Crafts 3:30 Snackivity Sunday Movie	24 10:00 Rise & Shine 2:00 Bingo 3:30 Time w/ Chaplain Jim 4-5 Sing a long	25 10:00 Daily Chronicles w/ Beth 11:00 LUNCH OUTING CHINA LAKE 3:30 Prayers and Praise	26 10:00 Circle of Friends 11:00 Courtyard Time 2:00 Bowling for \$\$ 3:30 Bible Study w/ Chaplain Jim <small>Administrative Professionals Day</small>	27 10:00 Coffee Hour Ma's Donuts 2:00 Happy Hour KAROKE 3:00 Bible Study RC 3:30-5 Mix and Mingle	28 10:00 Rosary/ Hymn Sing 2:00 Spa Facials 3:30 I love Lucy <small>Arbor Day</small>	29 10:00 Nails and News 11:00 Walk to Dine 2:00 BINGO 3:30-5 Mix and Mingle
30 10:30 Hymn Sing 2:00 Games 3:30 Snackivity Sunday Movie	 <div style="border: 1px solid black; padding: 5px; display: inline-block;"> EASTER BAKE SALE APRIL 7, 2023 SEE ACTIVIES FOR DETAILS 🥰 </div>					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: purple;">APRIL 2023</h1>						1  <small>April Fool's Day</small>
2 11:00 Palm Sunday Service <small>Palm</small>	3 10:00 Matter of Balance Class 2:00 Horse Racing	4 11:00 Prayers and Praise 2:00 Bingo!	5 10:00 Coffee Hour 1:30 Dave's Market 3:30 Bible Study w/Chaplain Jim <small>Passover Begins</small>	6 2:00 Garden Club 3:00 Maundy Thursday Service	7 9-2 Bake Sale 10:00 Shopping 10:30 Rosary & Hymns 2:00 Music with Tony & Pat 3:30 Good Friday Service	8
9 11:00 Easter Service <small>Easter Sunday</small>	10 10:00 Matter of Balance Class 2:00 Blood Pressure Checks	11 11:00 Prayers and Praise 2:00 Bingo!	12 10:00 Coffee Hour 3:30 Bible Study w/Chaplain Jim	13 3:00 Bible Study With Reverend Smothers	14 10:00 Shopping 10:30 Rosary & Hymns 2:00 Music with Doug Botelho	15
16 10:30 Hymns in the Chapel	17 10:00 Matter of Balance Class	18 Uniform Store In the Chapel 11:00 Prayers and Praise 2:00 Bingo!	19 10:00 Coffee Hour 3:30 Bible Study w/Chaplain Jim	20 11:00 Catholic Mass 1:30 Tenant Meeting 3:00 Bible Study 6:00 Movie Night	21 10:00 Shopping 10:30 Rosary & Hymns 2:00 Music with Chris Waters	22  <small>Earth Day</small>
23 10:30 Hymns in the Chapel	24 10:00 Matter of Balance Class 2:00 Bowling	25 11:00 Prayers and Praise 2:00 Bingo!	26 10:00 Coffee Hour 3:30 Bible Study w/Chaplain Jim <small>Administrative Professionals Day</small>	27 11:00 Lunch at Portas da Cidade 3:00 Bible Study With Reverend Smothers	28 10:00 Shopping 10:30 Rosary & Hymns <small>Arbor Day</small>	29
30 10:30 Hymns in the Chapel	 <div style="border: 1px solid black; padding: 5px; display: inline-block;"> Retirement Center <i>Chaplain's Office Hours Monday-Wednesday 10-12</i> </div>					

The John Clarke Retirement Center | 600 Valley Road, Middletown, RI 02842

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