



John Clarke
SENIOR LIVING

TRUSTWORTHY - RESPONSIVE - UNITY - SERVICE - THRIVING

February 2023

Warm Winter Greetings!

I am THRILLED to announce that the van Beuren Charitable Foundation has awarded John Clarke Senior Living a substantial grant that will enable us to finally be able to replace the windows and siding in the Retirement Community. We are looking forward to enjoying a snug, energy efficient building this year! We are incredibly grateful for their very generous donation.



John Clarke Home Health is now up and running. We are able to provide housekeeping and home health services for our Retirement Community residents. Please see Lisa da Costa for more information.

Last week we celebrated our outstanding Recreation Department at a celebratory event with the Rhode Island Health Care Association and the Rhode Island Activity Director's Association in Cranston. We are very proud of and grateful for, our wonderful team of professionals who ensure that residents are engaged with meaningful and enjoyable experiences and events.

Thank you to everyone who completed a satisfaction survey last fall. Our

resident and family satisfaction scores continue to exceed national benchmarks. Our Customer Excellence Team analyzes the information from the surveys and develops plans to ensure that we continue to exceed expectations.

Warm Regards,
Joan M. Woods, CEO

Planned Giving Seminar and Lunch March 15th at John Clarke

**Presented by Joe Marion
Estate Planning Attorney and John Clarke Board Member**

Did you know a traditional IRA offers tax-advantages to save money over many years and have an income stream in retirement? Many of you who have a traditional IRA should know that your accounts can also be used in two ways to maximize charitable impact and minimize taxes. Join us at John Clarke on March 15th at 11:30 for a lunch and learn with Board Member Joe Marion. RSVP to Beth Finnegan bfinnegan@johnclarkeseniorliving.org or 401.324.7180 by March 13th.



Chef's Corner

Corn Chowder

Ingredients:

- 1-quart heavy cream
- 2 quarts whole milk
- 2 and 1/2 sticks butter
- 4oz all-purpose flour
- 2 tbsp. concentrated chicken base (paste)
- 1 can chicken stock
- 1/2 pound bacon
- 2 bags 12-16oz frozen corn or 6 trimmed ears
- 2 roasted red peppers diced
- 1/2 bunch celery diced
- 1 yellow onion diced

1lb baby red potatoes quartered
Salt and pepper
2 tsp. ground sage
2 tsp. ground thyme
2 tsp. paprika

Directions:

Set oven to broil. In a stock pot fry bacon on medium heat until brown remove and set aside bacon. Add celery, onions pinch pepper pinch salt, 1 tsp sage, 1tsp. thyme 1 tsp. paprika sauté until translucent then add the roasted red peppers and continue to sauté scraping all the fond from the bacon to add flavor. Set aside all the cooked vegetables. On a cookie sheet spread out the corn and top with a ½ stick melted butter pinch of salt and pinch of pepper and broil in oven until lightly roasted about 2min, this brings out the natural sweetness of the corn as well as adding a bit of smokiness to the soup set the corn aside. Go back to your trusty stock pot and let's make some roux. Melt 2 sticks of butter and whisk in the flour depending on how smokey or dark you want your chowder is how long you cook the roux I prefer a slight brown color roux. Slowly add the whole milk and continue to whisk as it thickens slowly add more milk then add the heavy cream until you reach your desired thickness. Add all of your veggies, potatoes and the rest of your sage, thyme, paprika, chicken base, salt and pepper to taste. Simmer and stir occasionally on low heat 35-45m if the soup is too thick you can add some more milk or chicken stock.

Enjoy,
Chef Scott



Carol Corona and Kaitlin Ferreira, February 7th

Katherine Finnegan-Walker, February 10th

Rebecca Leib, February 11th

Eleanor Sherman, February 14th

Mary Marlow, February 16th

Joe Ponte, February 22nd

Dena Serino, February 23rd

Mable Accorsini, February 28th



Linda Jenkins, CNA

Khadijah Jenkins, CMT

Lisa Nota, CNA

Elaisa Yu, CNA



Groundhog Day is celebrated on February 2nd.

According to ancient stories, if it is cloudy when the groundhog comes out of his underground home on this day, then spring will come early; if it is sunny, the groundhog will see his shadow and go back into his home, and the winter weather will continue for six more weeks.



Happy Valentine's Day
Tuesday, February 14th

Our Activity Department will be selling Valentine Balloons for \$5.00
Please see Robin or Lisa for more details.

Mardi Gras Day is February 21,
2023. Fat Tuesday is the last day of
the Carnival season as it always falls
the day before Ash Wednesday, the
first day of Lent.



February 22nd



A Job Well Done!

If you witness an employee going above and beyond, give them a Shout Out! Our Shout Out Board is located right outside the front office. We want to recognize how fabulous our staff is so please feel free to "Shout Out"!

Our Shout Outs are read to our staff during our Monthly Staff Meeting and then put in the employee's personnel file.

Last month we had 17 Shout Outs!

SAVE THE DATE Sunday, July 16th

Polo and Prosecco is back at Newport Polo All Charity Day! Silent Auction donations are now being accepted, contact Beth Finnegan at bfinnegan@johnclarkeseniorliving.org.


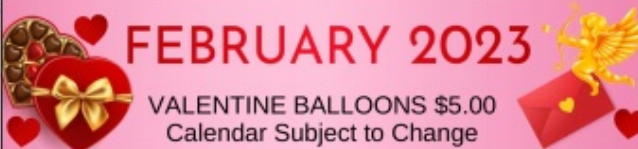


SUPPORT JOHN CLARKE

Write Us a Review As a five-star rated facility we are proud of the care we provide. Our nurses truly go above and beyond for our residents, our housekeeping department never stops, dietary never hesitates to honor a special request and our recreation department keeps our residents entertained and engaged. A Google or Facebook review can go a long way.

Volunteer Like all strong non-profits we rely on exceptional volunteers to complete our mission and a volunteer board to lead John Clarke. To learn more about how can volunteer to read, play board games, or visit with residents contact Robin Hannon at rhannon@johnclarkeseniorliving.org.

Follow Us Follow us on **Instagram**, **Facebook** and **LinkedIn**. Like, share, comment and save our posts. A few clicks can make a big impact.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 JOHN CLARKE NURSING CENTER			10:30 Resident Council Meeting 2:00 NEW Entertainment w/Robert Solomon 3:30 Root beer Floats 4-5 Small Groups	10:00 Ma's Donut Coffee Hour 11:00 Music & Memory 2:00 VAN RIDE 3:30 Snowball Toss <small>Groundhog Day</small>	10:00 Rosary Hymn Sing 1:00 1:1 Visits 2:00 Entertainment w/Chris Waters 4:00 PUB HOUR	10:00 Nail Art w/Casey 1:1 VISITS 2:00 BINGO
10:30 Hymn Sing 2:00 Games w/Pam 3:30 Snackivity	10:00 Rise & Shine 11:00 Walk to Dine 2:00 LOVE/BINGO 3:30 SNACKS & STORIES	10:00 Chair Yoga w/ Rebecca 11:00 Casino IN2L 2:00 HORSERACING 3:30 Mix and Mingle	10:30 News & Views 11:00 Walk to Dine 2:00 VAN RIDE RICOTTIS SANDWICH SHOP 4-5 Small Groups Travels Time/Poland	10:00 Ma's Donut Coffee Hour 11:00 Music & Memory 2:00 Drink and Dabble Painting 3:30 Snowball toss	10:00 Rosary Hymn Sing 1:00 1:1 Visits 2:00 Entertainment w/ Bobby B 4:00 PUB HOUR	10:00 Spa Hair/ Nails w/Pam 1:1 VISITS 2:00 BINGO
10:30 Hymn Sing 2:00 Games w/Pam 3:30 Snackivity SUPER BOWL!!	10:00 Rise & Shine 11:00 Walk to Dine 2:00 LOVE/BINGO CHOCOLATE PRIZES RC/NC 3:30 VESPERS W/Starr	10:00 Chair Yoga w/ Rebecca 11:00 Casino IN2L 2:00 HORSERACING 5:00 SPAGHETTI SUPPER FOR ALL <small>Valentine's Day</small>	10:30 News & Views 11:00 Walk to Dine 2:00 Root beer Float Social 3-5 Valentine Movie 4-5 Small Groups	10:00 Ma's Donut Coffee Hour 11:00 Catholic Mass / Fr. Frank 2:00 VAN RIDE 3:30 Snowball Toss	10:00 Rosary Hymn Sing 1:00 1:1 Visits 2:00 DRUMS ALIVE w/ JESSICA 4:00 PUB HOUR	10:00 Spa Hair/Nails w/Pam 1:1 VISITS 2:00 BINGO
10:30 Hymn Sing 1:00 Manicures 2:00 Games w/Pam 3:30 Snackivity	10:00 Rise & Shine 11:00 President Trivia 2:00 BINGO 3:30 SNACKS & STORIES <small>President's Day</small>	10:00 Chair Yoga w/ Rebecca 11:00 Fat Tuesday 2:00 Cooking/Pancake Social 3:30 Mix and Mingle <small> Mardi Gras</small>	10:30 News & Views 11:00 Dine in 2:00 VAN RIDE 3:30 Mix and Mingle Travel Time/ Portugal 6:00-8:00 MOVIE NIGHT <small>Ash Wednesday</small>	10:00 Ma's Donut Coffee Hour 11:00 Music & Memory 2:00 AUCTION 3:30 Snowball Toss	10:00 Rosary Hymn Sing 1:00 1:1 Visits 2:00 Entertainment w/Tony & Pat 4:00 PUB HOUR	10:00 Spa Hair/ Nails w/Pam 1:1 VISITS 2:00 BINGO
10:30 Hymn Sing 1:00 Manicures 2:00 Games w/Pam 3:30 Snackivity	10:00 Rise & Shine 11:00 Walk to Dine 2:00 BINGO 3:30 Vespers W/Starr	10:00 Chair Yoga w/ Rebecca 11:00 Casino IN2L 2:00 SILVER TOPS 3:30 Mix and Mingle				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 JOHN CLARKE			10:00 Coffee Hour 2:00 Music with Robert Solomon (new!)	 2:00 Garden Club 3:00 Bible Study <small>Groundhog Day</small>	10:00 Shopping 10:30 Rosary & Hymns 2:00 Music with Chris Waters Soup Sale	2:00 Bingo with Pat!
10:30 Hymns in the Chapel	10:00 Dave's Market	2:00 Bingo!	10:00 Coffee Hour 2:00 Blood Pressure Checks	11:30 Lunch at Pub 99 3:00 Bible Study	10:00 Shopping 10:30 Rosary & Hymns 2:00 Music with Bobby B	2:00 Bingo with Pat!
10:00 Nail Art with Casey in the salon (must sign up) 10:30 Hymns in the Chapel	2:00 Love Bingo with Nursing Center 3:30 Vespers	 5:00 Spaghetti Supper <small>Valentine's Day</small>	10:00 Coffee Hour 2:00 Starr Medeiros and her choir followed by Rootbeer floats!	11:00 Catholic Mass 1:30 Tenant Meeting 3:00 Bible Study	10:00 Shopping 10:30 Rosary & Hymns Soup Sale	2:00 Bingo with Pat!
10:30 Hymns in the Chapel	2:00 Bingo! <small>President's Day</small>	2:00 Fat Tuesday Desserts! <small>Mardi Gras</small>	10:00 Coffee Hour 6:00 Movie Night <small>Ash Wednesday</small>	2:00 Walmart 3:00 Bible Study	10:00 Shopping 10:30 Rosary & Hymns 2:00 Music with Tony & Pat	2:00 Music with Tony & Pat
10:30 Hymns in the Chapel	2:00 Bingo! 3:30 Vespers	2:00 Music with The Silvertops				



The John Clarke Retirement Center | 600 Valley Road, Middletown, RI 02842

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