

TRUSTWORTHY - RESPONSIVE - UNITY - SERVICE - THRIVING



February 1, 2022

Dear John Clarke Community,

We are off to a fabulous start for 2022 despite our continued battle with COVID-19.

Our Recreation Department was duly celebrated last week for their untiring commitment to providing our residents with numerous opportunities for entertainment, socialization and building community. We are so very grateful to Robin for her leadership, energy, and sunny disposition. Dulce, Pam, Sherry, and Rebecca are all wonderful assisting our residents. I'd also like to recognize Lisa da Costa for ensuring that our Retirement Community enjoys outings, donut days, and special events each month.

This month we recognize Pride in Food Service Week and we sure do have a lot to be proud of in our culinary team. Scott Hahn commandeers our kitchen with skill and talent that beats out any restaurant on the Island. A big shout out to him, our Assistant Food Service Director, Joe and our cooks, Peter, and Randy. Our dining services could not run without our dream team - Denise, Colleen, Shaun, Jason, Gary, Mia, Dena, and Wilfredo. Thanks to everyone of them for their hard work.

COVID certainly has taken its toll on all of us this winter and I am hopeful that we are on the downside of the pandemic. We have learned that the booster is extremely beneficial in keeping people out of the hospital if they do contract COVID so please consider getting it if you haven't already.

Warm Regards,

Joan M. Woods, CEO



We need families to be informed!

Please forward this newsletter to other friends and family members and ask them to subscribe to our mailing list. We use this newsletter to keep our John Clarke family up to date on important and timely developments in the nursing center.

Chef's Corner

Game Day Guacamole

Enjoy this simple recipe during the big game.

Ingredients:

6 Semi firm to soft avocados (if too firm leave in brown bag overnight)

- 1 Small sweet onion
- 1 Tomato (optional)
- 1 Lime

Small bunch fresh cilantro

Tsp. red pepper flake

Tsp. salt



Tsp. Black pepper Tsp. Sugar

Remove the skin and pit from the avocados. Depending on whether you like chunky or smooth guacamole either dice the avocados or puree in a food processor. Dice the onions and tomato then chop the cilantro. In a medium size bowl squeeze the lime add the avocados, onions, cilantro, red pepper flake, salt, pepper, sugar and mix well. Fold in tomatoes if wanted. Grab a bag of tortilla chips or this goes well as a sandwich spread over turkey and burgers too.

Enjoy! Chef Scott

New Screening Process

We are pleased to announce that we have engaged with Accushield to assist with the COVID-19 screening process when visiting the nursing center.

Effective January 27th, visitors will be asked to use our new Kiosk to complete the screening process. Although you may have already provided a copy of your COVID-19 vaccination card, you will be asked to scan it the next time you visit. You will only need to do this one time.

When visiting a subsequent time, you will just need to answer the screening questions and have your temperature taken.

A very easy way for you to enter the building quickly is to download the mobile application and complete the screening process prior to coming to the center. Instructions are outlined below.

Accushield Mobile App for Family and Guests

- Any family or guest visiting the community using the mobile app and scanner for signing in must have previously manually signed in at the kiosk.
 Once a visitor has signed in at least once at the kiosk manually, the mobile app will recognize their account and allow a mobile sign in.
- Family or guests may download the Accushield Mobile app through the <u>Apple Store</u> or the <u>Google Play Store</u> by searching for "Accushield Mobile"

Click the <u>Family/Guest Mobile App Video link</u> to watch download and sign in instructions. Also, see the attached printable QR code and instructions sheet to share with family and guests.

Please do not hesitate to contact us with any questions!



Family/Guest Mobile Sign In

Family & guests of residents are invited to download Accushield Mobile for a fast, touchless sign-in and health screening experience. Scan the QR code to view the app.



Safe.

Secure.

Secure.

Healthy.

Touchless sign in and health screening

NOTE: Family and guests must have at least one previous manual sign in at the community kiosk before using the app.



Kaitlin Ferreira, February 7th

Katherine Finnegan-Walker, February 10th

Rebecca Leib, February 11th

Eleanor Sherman, February 14th

Mia Phillips, February 20th

Joe Ponte, February 22nd

Dena Serino, February 23rd

Game Day Raffle Extended to February 4th! Tickets are available at reception!



If you witness an employee going above and beyond, give them a Shout Out! Our Shout Out Board is located right outside the front office. We want to recognize how fabulous our staff is so please feel free to "Shout Out"!



Support John Clarke

Write Us a Review As a five-star rated facility we are proud of the care we provide. Our nurses truly go above and beyond for our residents, our housekeeping department never stops, dietary never hesitates to honor a special request and our recreation department keeps our residents entertained and engaged. A Google or Facebook review can go a long way.

Volunteer Like all strong non-profits we rely on exceptional volunteers to complete our mission and a volunteer board to lead John Clarke. To learn more about how can volunteer to read, play board games, or visit with residents contact Robin Hannon at **rhannon@johnclarkeseniorliving.org**.

Follow Us Follow us on **Instagram**, **Facebook** and **LinkedIn**. Like, share, comment and save our posts. A few clicks can make a big impact.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JOH SEN	N CLARKE IIOR LIVING NURSING CENTER	2:00 Horseracino	2 10:30 Rise &Shine 11:00 Pet Visits 2:00 Resident Council 3:30 Front porch Travels/Portugal	3 10:30 Coffee Hour Men's Group 11:00 Snowball 2:00 Cooking King Cakes !!! 3:00 Bible Study 3:30-5 Snacktivity	10:30 Rosary 11:00 Hymn Sing 1:00 Sensory 2:00 Pub Hour Refreshments	5 10:00 Manicures 2:00 BINGO 3:30 Small Groups Sensory 1:1
10:30 Hymn Sing Sunday Newspaper 2:00 Bottoms Up Card Game 3:30	7 10:30 Rise & Shine 11:00 Sing a Long Walk to Dine 1:00 Facetime 2:00 BINGO 3:30 Crafts	8 10:30 Circle of Friends 11:00 Walk to Dine 2:00 Bowling for Snacks 3:30 Apples for Apples	9 10:30 Rise &Shine 11:00 Pet Visits 2:00 Van Ride 3:30 Be My Valentine III	10:30 Coffee Hour Men's Group 11:00 Catholic Mass 2:00 JCRC WINTER OLYMICS 3:00 Bible Study 3:30-5 Mix & Mingle	10:30 Rosary 11 11:00 Hymn Sing 1:00 Sensory 2:00 SPA TIME W/ DULCE 3:30-5 Refreshments	10:00 Manicures 2:00 BINGO 3:30 Small Groups Sensory 1:1
10:30 Hymn Sing Sunday Newspaper 2:00 Bottoms Up Card Game SUPER BOWL !! With Snacks		10:30 Circle of Friends 11:00 Walk to Dine 2:00 Van Ride	16:30 Rise &Shine 10:30 Rise &Shine 11:00 Pet Visits 2:00 Friendship Bingo 3:30 Puzzling	17 10:30 Coffee Hour Men's Group 11:00 Snowball 2:00 BOWLING 3:00 Bible Study 330-5Mix & Mingle	10:30 Rosary 18 11:00 Hymn Sing 1:00 Sensory 2:00 DOUG BOTELHO Entertainment 3:30-5 Refreshments	19 10:00 Manicures 2:00 BINGO 3:30 Small Groups Sensory 1:1
10:30 Hymn Sing Sunday Newspaper 2:00 Bottoms Up Card Game	10:30 Rise & Shir 21 11:00 Sing a Long	10:30 Circle of Friends 11:00 Walk to Dine 2:00 Bowling 3:30 Pokeno 6-8 MOVIE NIGHT	23 10:30 Rise &Shine 11:00 Pet Visits 2:00 DRINK AND DABBLE PAINT PARTY 4-5 1:1 Visits	10:30 Coffee Hour Men's Group 11:00 Snowball 2:00 Queen of Hearts/ Cards 3:00 Bible Study 3:30-5Mix & Mingle	10:30 Rosary	10:00 Manicures 2:00 BINGO 3:30 Small Groups Sensory 1:1
Card Game	28 10:30 Rise & Shine 11:00 Sing a Long Walk to Dine 1:00 Facetime 2:00 BINGO 3:30 Crafts	*	Febr	WAY DLYMPIC S	2022 2/3-2/20	**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CONTRACTOR OF THE PARTY OF THE	N CKARKE IIOR LIVING	2:00 Horse Racing (RC&NC)	Prayer 10:00 Coffee Hour 3:00 Bible Study	10:30 Men's 3 Group 2:00 Bingo	10:00 Shopping 10:30 Rosary and Hymns 2:00 Pub Hour Soup Sale	2:00 Scrabble
10:30 Hymns in 6 the Chapel	11:00 Yoga with Mary 2:00 Dollar Store	Crear of the Taper) 8	9:30 Morning 9 Prayer 10:00 Coffee Hour 3:00 Bible Study	10:30 Men's 10 Group 11:00 Catholic Mass 3:00 Afternoon Tea	10:00 Shopping 10:30 Rosary and Hymns	2:00 Scrabble
10:30 Hymns in 13 the Chapel	11:00 Yoga with Mary 5:30 Spaghetti Supper	1:00 Monthly Blood Pressure Checks 2:00 Bingo	9:30 Morning 16 Prayer 10:00 Coffee Hour 2:00 Friendship Bingo with NC 3:00 Bible Study	Group	10:00 Shopping 18 10:30 Rosary and Hymns 2:00 Music with Doug Botelho Soup Sale	
10:30 Hymns in 20 the Chapel		12:00 Soup 22 Luncheon 2:00 Bingo 6-8 Movie Night	9:30 Morning 23 Prayer 10:00 Coffee Hour 2:00 Drink & Dabble Paint Party 3:00 Bible Study	Group 1:30 Monthly Tenant Meeting	10:00 Shopping 25 10:30 Rosary and Hymns 2:00 Music with Tony & Pat	
10:30 Hymns in 27 the Chapel		***		wary	2022	**************************************

Save The Date!

Sunday, July 17th. John Clarke is having a Polo Party at Newport Polo All Charity Day. More information to come.







The John Clarke Retirement Center | 600 Valley Road, Middletown, RI 02842

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