



John Clarke

SENIOR LIVING

TRUSTWORTHY - RESPONSIVE - UNITY - SERVICE - THRIVING



Dear John Clarke Community,

May Greetings!

We celebrate National Nursing Home week from Mother's Day, May 8th through May 14th. This week recognizes the essential role of nursing care centers in caring for America's elderly and disabled.

As we celebrate this year, I hope we do so with even more joy for each other than we have in previous years. We have all been through a lot over the past two years and John Clarke's employees have shown immense wisdom, graciousness, empathy, and kindness through it all. I am proud and thankful for how our team has stepped up to serve, care for and protect the residents and patients in our care.

The spirit of caring and community is evident in every one of our staff members, whether a volunteer or work in direct caregiving/nursing, recreation, therapy, housekeeping, maintenance, food service, accounting, administration, or in any of our other vitally important departments. We have all buckled down to handle every challenge this pandemic has thrown at us, following CDC and state guidelines to enact new policies, employing common sense interventions at every opportunity, and adapting when situations change. The staff has accomplished this all of this while still fulfilling our Mission Statement: To Improve the Lives We Serve with Respect, Compassion and Kindness.

Warm Regards,

Joan M. Woods, MS, NHA, CPHQ
Chief Executive Officer

Join us on July 17th for Newport International Polo Series All Charity Day.



John Clarke Senior Living is galloping to Linden Lane in Portsmouth and inviting our supporters to join us for a tailgate party and a classic 6-chukker match. Support John Clarke and hob knob with the John Clarke community. Gates open at 3 pm. Tickets are \$20 each and can be purchased **online** or from the business office at John Clarke. If you purchase tickets **online** they will be left at reception or mailed. You will need a printed ticket for admission. One hundred percent of ticket sales benefit John Clarke.

Tailgate party will include a silent auction, details to come! If you would like to donate to the silent auction contact Beth Finnegan at bfinnegan@johnclarkeseniiorliving.org.

**Purchase Tickets
Here**

Chef's Corner

Creamy Garlic Mushroom Chicken

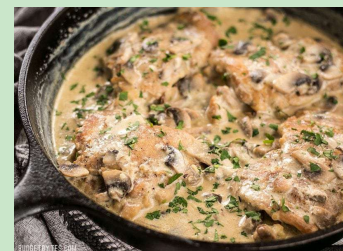
Ingredients

For The Chicken:

- 1 1/2 pounds boneless skinless chicken thighs (around 6-8 fillets)
- 1 teaspoon each onion powder and garlic powder
- 1/2 teaspoon each of dried thyme and rosemary
- 1/2 teaspoon salt
- 1/4 teaspoon cracked black pepper
- 2 tablespoons olive oil

For The Sauce:

- 1 tablespoon butter
- 8 ounces sliced brown mushrooms
- 4 cloves garlic, minced (or 1 tablespoon minced garlic)
- 1 tablespoon fresh chopped parsley
- 1/2 - 1 teaspoon each of dried thyme and dried rosemary (adjust to your taste)
- 1 1/2 cups heavy cream / thickened cream (evaporated milk or half and half)



- 1/2 cup fresh shredded parmesan cheese

Instructions:

1. Pat chicken thighs dry with paper towel and trim off excess fat. Combine the onion powder, garlic powder, herbs, salt, and pepper. Coat the chicken evenly with the combined seasoning.
2. Heat 1 tablespoon of oil a large pan or skillet over medium-high heat and sear chicken thighs in batches until browned on each side and no longer pink in center (about 8 minutes each side, depending on thickness). Add remaining oil if needed for second batch. Transfer to a plate; set aside and keep warm.
3. To the same pan or skillet, melt the butter and add the mushrooms. Season with salt and pepper and cook until soft (about 3 minutes). Add the garlic, parsley, thyme, and rosemary; sauté until fragrant (about 1 minute).
4. Stir in cream, bring to a simmer, then reduce heat and continue cooking until sauce has thickened slightly. Stir in the parmesan cheese and allow it to melt through the sauce for a further 2 minutes, while occasionally stirring.
5. Return chicken to the pan. Taste test and season with salt and pepper to your taste. Garnish with fresh parsley. Serve immediately.

I was looking for new recipe ideas and came across this delicious recipe on [cafedelights.com](https://www.cafedelights.com)

Enjoy, Chef Scott



John Clarke Senior Livingis pleased to announce that we have been certified as a Blue

Cross Blue Shield of Rhode Island LGBTQ Safe Zone. The certification comes after John Clarke staff and management received training from SAGE an advocacy agency for LGBTQ elders. We are so honored to have received this recognition and would like to thank board member Hugh Hall for his leadership and encouragement in making this achievement possible.



On May 6th, we will be celebrating Nurses Day and at 2:00 we will have a Mother's Day Tea! Wear a fancy hat!



As human beings we have a natural yearning to connect. Studies have linked people with strong social relationships to many aspects of positive health outcomes, especially among older adults.

Skilled nursing care centers and their staff provide a steadfast commitment to providing high-level of care for their residents. This has never been more evident than the last two years during the pandemic. In addition to protecting and caring for their residents around the clock during a time of limited visitation and social distancing, staff stepped in and served as family members and friends to ensure that residents had the essential social connections they needed.

The 2022 theme for NSNCW, held, May 8-14th, will celebrate the essential role that skilled nursing care centers and staff play in *Creating and Nurturing Connections for their residents*.

National Nursing Home Week May 9-13th

Monday May 9th

Treat Yourself Day!

2:00 Ice Cream Social

and

Pizza for Staff



Thursday May 12th

Game Day!

Staff Bingo

Dress in Sports Gear

Grinders for Staff

Wednesday May 11th

Picture Perfect Day!

9:00-3:30 Reiki &

Staff Candle

Readings

Please sign up for a
time

1:00-4:00

Photo Booth for All!

Dress in your best!

Tuesday May 10th

Mix & Match Day!

9:00-3:30 Reiki &

Staff Candle

Readings

Please sign up for a
time

Dress in Mix & Match
Fun!

Friday May 13th

Hawaiian Theme Day!

Dress in your best

Luau Attire!

Hawaiian Cookout in
the Courtyard for all!

2:00 Hula Lala
w/Chris Waters

Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Memorial Day 2022 will occur on Monday, May 30.

Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, it marks the beginning of the summer season.





Merilyn Venancio, May 1st

Pricilla Gilliard, and Carla Pereira, May 2nd

Esther Rosati, May 5th

Barbara Dietz, May 6th

Atanasia Rodrigues May 7th

Wayne Pierce, May 12th

Mary Cortellessa, May 17th

Juana Abua, Al Lecroy, and Taylor Gallagher, May 18th

Janice Ludwig, May 21st

Brian Van Dale, May 22nd

James Mason, May 26th

Martin & Evelyn Lynch, May 28th

Barbara Lopez, May 31st

John Clarke is Hiring...

Weekend Receptionist / Health Screener

Be the face of John Clarke Senior Living on the weekends. Desired candidate has a friendly disposition to greet staff & visitors!

Dietary Aide

John Clarke Senior Living is looking for a Part Time Dietary Aide to join our Food Service Team!

[Apply Here](#)

If you witness an employee going above and beyond, give them a Shout Out! Our Shout Out Board is located right outside the front office. We want to recognize how fabulous our staff is so please feel free to "Shout Out"!



Support John Clarke

Write Us a Review As a five-star rated facility we are proud of the care we provide. Our nurses truly go above and beyond for our residents, our housekeeping department never stops, dietary never hesitates to honor a special request and our recreation department keeps our residents entertained and engaged. A Google or Facebook review can go a long way.

Volunteer Like all strong non-profits we rely on exceptional volunteers to complete our mission and a volunteer board to lead John Clarke. To learn more about how can volunteer to read, play board games, or visit with residents contact Robin Hannon at rhannon@johnclarkeseniorliving.org.

Follow Us Follow us on [Instagram](#), [Facebook](#) and [LinkedIn](#). Like, share, comment and save our posts. A few clicks can make a big impact.

Come Share Your Passion

Volunteer Today



John Clarke
SENIOR LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Hymn Sing Sunday News 2:00 Bottoms Up Games 3:30-5 Snacktivity <i>May Day</i>	2 May Breakfast 10:30 Rise & Shine 11:00 Walk to Dine 1:00 Courtyard 2:00 BINGO 3:30 Explore!N2L	3 10:30 Chair Yoga w/ Rebecca 11:00 Card Games 2:00 Resident Council 3:30 Mix & Mingle	4 10:30 Rise & Shine 11:00 Pet Visits w/Enzo 1:00 Courtyard 2:00 Tiverton Seniors to Sing 3:30 News & Views	5 10:30 Coffee Hour Men's Group 11:00 Music & Memory 2:00 Cinco de Mayo Social/ Margarita's 3:00 Bible Study 3:30 Travel/ Mexico <i>Cinco de Mayo</i>	6 10:30 ROSARY 11:00 Hymn sing 2:00 MOTHER'S DAY TEA ENTERTAINMENT TONI & PAT BEST HAT COMPITION!	7 10:00 Spa Manicures 11:00 Mix and Mingle 2:00 BINGO Sensory 1:1 Visits
8 10:30 Hymn Sing Sunday News 2:00 Bottoms Up Games 3:30-5 Snacktivity <i>Women's Day</i>	9 TREAT DAY 10:30 Rise & Shine R.I. Treat/ Coffee Milk Courtyard Time 2:00 ENTERTAINMENT W/ ISHMEAL ICE CREAM SOCIAL PIZZA FOR LUNCH	10 MIX & MATCH 10:30 Chair Yoga w/ Rebecca 11:00 Card Games 2:00 ENTERTAINMENT DOUG BOTELHO POPCORN MACHINE BBQ SAND/ CHIX	11 PHOTO BOOTH DRESS YOUR BEST 1:00-4:00PM 11:00 Catholic Mass Pet Visits 2:00 High Stakes Bingo \$\$\$\$ LASANGNA	12 STAFF BINGO SPORTS GAME DAY 10:30 Coffee Hour 11:00 TRIVIA 2:00 ENTERTAINMENT W/ BOBBY B 3:00 Bible Study GRINDERS/STAFF	13 GRAND FINALE 10:30 HULALA W/CHIRS WATERS AND COMPANY BBQ FOR ALL Dell's Lemonade	14 10:00 Spa Manicures 11:00 Mix and Mingle 2:00 BINGO Sensory 1:1 Visits
15 10:30 Hymn Sing Sunday News 2:00 Bottoms Up Games 3:30-5 Snacktivity	16 10:30 Rise & Shine 11:00 Walk to Dine 1:00 Courtyard 2:00 BINGO 3:30 Explore!N2L	17 10:30 Chair Yoga w/ Rebecca 11:00 Card Games DINE IN KFC 2:00 Van Ride 3:30 Mix & Mingle	18 10:30 Rise & Shine 11:00 Pet Visits 1:30 Red Sox vs Astros (Hot Dogs) Courtyard Time 3:30 News & Views	19 10:30 Coffee Hour Men's Group 11:00 Music in Memory 2:00 Garden Time 3:00 Bible Study 3:30 News & Views	20 10:30 Rosary 11:00 Hymn Sing 1:00 Courtyard 2:00 DRUMS ALIVE 3:30 Ladies Group Pizza Party !!!	21 10:00 Spa Manicures 11:00 Mix and Mingle 2:00 BINGO Sensory 1:1 Visits <i>Armed Forces Day</i>
22 10:30 Hymn Sing Sunday News 2:00 Bottoms Up Games 3:30-5 Snacktivity	23 10:30 Rise & Shine 11:00 Walk to Dine 1:00 Courtyard 2:00 BINGO 3:30 Explore!N2L <i>Victoria Day (Canada)</i>	24 10:30 Chair Yoga w/ Rebecca 11:00 Card Games 2:00 Spring Craft 3:30 Mix & Mingle 6-8 MOVIE NIGHT	25 10:30 Rise & Shine 11:00 Pet Visits 1:00 Courtyard 2:00 Men's Group Staff/ Residents 3:30 News & Views	26 10:30 Coffee Hour Men's Group 11:00 Music & Memory 2:00 VAN RIDE 3:00 Bible Study 3:30 News & Views	27 10:30 Rosary 11:00 Hymn Sing 1:00 Courtyard 2:00 Entertainment Chris Waters 3:30	28 10:00 Spa Manicures 11:00 Mix and Mingle 2:00 BINGO Sensory 1:1 Visits
29 10:30 Hymn Sing Sunday News 2:00 Bottoms Up Games 3:30-5 Snacktivity <i>Memorial Day</i>	30 10:30 Rise & Shine 11:00 Walk to Dine 1:00 Courtyard 2:00 BINGO 3:30 Explore!N2L	31 10:30 Chair Yoga w/ Rebecca 11:00 Card Games 2:00 Spring Craft 3:30 Mix & Mingle	<div>  <h2>May 2022</h2> <p>JOHN CLARKE NURSING CENTER</p> </div>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Hymns in the Chapel	2 11:00 Yoga with Mary 2:00 Garden Club Meeting	3 2:00 Bingo!	4 10:00 Coffee Hour 2:00 Music with Tiverton Seniors	5 10:00 Shopping 11:00 Rosary and Hymns 2:00 Cinco de Mayo Social with Margaritas! 3:00 Bible Study <small>Cinco de Mayo</small>	6 2:00 Scrabble	7
8 10:30 Hymns in the Chapel	9 11:00 Yoga with Mary 2:00 Ice cream social with music by Ishmeal	10 2:00 Music with Doug Botelho	11 10:00 Coffee Hour 11:00 Catholic Mass 2:00 High Stakes Bingo with the NC	12 2:00 Music with Bobby B 3:00 Bible Study	13 10:00 Shopping 11:00 Rosary and Hymns 10:30 Hula with Chris Waters 12:00 BBQ 2:00 Dels All in NC courtyard, weather permitting	14 2:00 Scrabble
15 10:30 Hymns in the Chapel	16 11:00 Yoga with Mary 2:00 Bowling	17 9:00 Breakfast at IHOP 11:00 IT Talk With Trevor 2:00 Bingo!	18 10:00 Coffee Hour 2:00 Blood Pressure Checks	19 1:30 Tenant Meeting 3:00 Bible Study	20 10:00 Shopping 11:00 Rosary and Hymns	21 2:00 Scrabble
22 10:30 Hymns in the Chapel	23 11:00 Yoga with Mary	24 11:00 Dave's Market 2:00 Bingo! 6:00 Movie Night	25 10:00 Coffee Hour 2:00 Bowling	26 3:00 Bible Study	27 10:00 Shopping 11:00 Rosary and Hymns 2:00 Music with Chris Waters	28 2:00 Scrabble
29 10:30 Hymns in the Chapel	30 No yoga today Happy Memorial Day!	31 11:30 Lunch at Foodworks 2:00 Bingo!	Retirement Center <h1>May 2022</h1> May 9-13 is National Nursing Home Week!			



The John Clarke Retirement Center | 600 Valley Road, Middletown, RI 02842

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