



# John Clarke

SENIOR LIVING

TRUSTWORTHY - RESPONSIVE - UNITY - SERVICE - THRIVING

---



Dear John Clarke Community,

There is a lot to be grateful for this month! The weather is warming up and our flowers are blooming everywhere.

We will be celebrating National Nursing Assistants Week June 16<sup>th</sup> to 22<sup>nd</sup>. This is a wonderful opportunity to thank and appreciate our CNAs for the hard work they do and the dedication that comes along with it. We are truly so fortunate here at John Clarke for our caring and compassionate Certified Nursing Assistants.

Both the retirement and nursing centers now have new touchless, automatic doors. We are very grateful for a grant from the Rhode Island Foundation that assisted us with this purchase.

I am deeply appreciative of all the wonderful gardeners that we have here who are providing us with colorful, seasonal beauty around the property. We also have vegetable plantings galore. If anyone would like to volunteer to assist with maintaining our gardens, please let our recreation department know.

Warm Regards,

Joan M. Woods, MS, NHA, CPHQ  
Chief Executive Officer

---

June 16 – 22<sup>nd</sup>  
CNA week is a special time set aside annually to



celebrate and recognize the important work that CNAs do all year long. During this week, other healthcare providers, family and friends, and even patients can show their appreciation for their favorite CNAs. This week also gives the opportunity to observe the wonderful work that

CNAs have done for all the people they have taken care of throughout their careers.

We are so grateful for the wonderful and dedicated Nursing Assistants we have working here at John Clarke. We are so proud that families and residents all have nothing but compliments for the care they receive here.

## JOIN US FOR POLO, PROSECCO & SILENT AUCTION

SUNDAY, JULY 17  
4 PM (MATCH  
STARTS AT 5)  
NEWPORT INTERNATIONAL  
POLO GROUNDS  
250 LINDEN LANE  
PORTSMOUTH  
\$20 A PERSON



scan to purchase  
tickets online



**John Clarke**  
SENIOR LIVING

for more information contact [bfinnegan@johnclarkesenioreliving.org](mailto:bfinnegan@johnclarkesenioreliving.org)

**Purchase Tickets  
Here**

## Ingredients:

1lb ground beef  
1lb ground sweet Italian sausage  
1lb. ricotta  
1 egg  
1lb mozzarella  
14oz parmesan  
½ yellow onion diced fine  
2-8oz. box oven ready lasagna pasta sheets  
Tbsp. butter  
28oz can ground peeled tomato  
14oz can diced tomato  
Tsp. fresh chopped oregano  
Tsp. fresh chopped basil  
2 cloves fresh finely diced garlic  
½ yellow onion diced fine  
Tsp. salt  
Tsp. pepper

## Directions:

In a sauce pan melt butter and add ½ onion, garlic and onion and cook until slightly translucent and fragrant. Add ground beef, sausage and drain some grease, if necessary, make sure to leave some for flavor. In a blender puree all the tomatoes, oregano, basil, salt and pepper then add to the sauce pan. Simmer covered on low stirring frequently for at least 30m. Preheat oven to 375. In a small bowl whip together ricotta and egg set aside. Using a large baking/roasting pan add thin layer of sauce sprinkle parmesan top with sheets then top with another layer of sauce sprinkle parmesan top with sheets then spread a layer of ricotta. Add another layer of sauce sprinkle parmesan then top with pasta sheets add one more layer of sauce and parmesan then top with mozzarella and bake for 35-45m until bubbly and delicious. Serve with some garlic bread and enjoy with family and friends!

Enjoy, Chef Scott



Flag Day, also called National Flag Day, in the United States, a day honoring the national flag, observed on June 14. The holiday commemorates the date in 1777 when the United States approved the design for its first national flag.







May was a fun and busy month at John Clarke



Coastal Grandmothers



LOUAI IN THE COURTYARD



Garden prep



Father's Day is June 19th



Robert Van Hof, June 5th

Manuel Nicolau, June 9th

Connie Albertus, June 10th

Nathaniel Ingersoll, June 12th

Lourdes Mendez & Dina D'Orsi, June 13th

William Kennedy & Denise Sullivan, June 15th

Margery Silvia, Pauline Siebens & Job Palaya, June 22nd

Patricia Needham & Arthur Plymesser, June 28th

Danielle Donahue, & Beth Finnegan, June 30



Gina D'Orsi, Activities  
Jessica Santana-Brito, CNA

Thank you Aquidneck Island Land Trust for the Merritt Neighborhood Fund grant to purchase raised beds for our courtyard. Here's to a healthy summer harvest!



If you witness an employee going above and beyond, give them a Shout Out! Our Shout Out Board is located right outside the front office. We want to recognize how fabulous our staff is so please feel free to "Shout Out"!



## Support John Clarke

**Write Us a Review** As a five-star rated facility we are proud of the care we provide. Our nurses truly go above and beyond for our residents, our housekeeping department never stops, dietary never hesitates to honor a special request and our recreation department keeps our residents entertained and engaged. A Google or Facebook review can go a long way.

**Volunteer** Like all strong non-profits we rely on exceptional volunteers to complete our mission and a volunteer board to lead John Clarke. To learn more about how can

volunteer to read, play board games, or visit with residents contact Robin Hannon at [rhannon@johnclarkeseniorliving.org](mailto:rhannon@johnclarkeseniorliving.org).

Follow Us Follow us on [Instagram](#), [Facebook](#) and [LinkedIn](#). Like, share, comment and save our posts. A few clicks can make a big impact.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 Rise & Shine 11:00 PET VISITS 1:00 COURTYARD 2:00 RESIDENT COUNCIL/ VOTE 3:30 SHORT STORIES/QUIET RM	2 10:30 Coffee Hour Men's Group 11:00 Courtyard 2:00 Entertainment w/ <i>Ishmael</i> 3:00 Bible Study 4-6 Aroma Therapy w/ Kim	3 10:00 Rosary 11:00 Hymn Sing 1:00 Sensory 2:00 Pub Hour 4-5 Small Groups W/ Dulce	4 10:00 Spa Manicures Courtyard Time 2:00 Bingo Sensory 1:1 <i>Shavuot Begins</i>
5 10:30 Hymn Sing 2:00 Games w/Pam Courtyard Time	6 10:30 Rise & Shine 11:00 Walk to Dine 1:00 Courtyard 2:00 BINGO 3:30 Vespers w/Starr	7 10:30 Chair Yoga w/ Rebecca 11:00 News & Views 2:00 Summer Craft W/Sherry 3:30 MIX & MINGLE 4-6 TIME W/KIM	8 10:30 Rise & Shine 11:00 PET VISITS 1:00 COURTYARD 2:00 VAN RIDE NARRAGANSET 3:30 SHORT STORIES/QUIET RM	9 10:30 Coffee Hour Men's Group 11:00 Courtyard 2:00 Bowling 3:00 Bible Study 4-6 Aroma Therapy w/ Kim	10 10:00 Rosary 11:00 Hymn Sing 1:00 Sensory 2:00 Entertainment W/ <i>Chris Waters</i> 4-5 Small Groups W/ Dulce	11 10:00 Spa Manicures Courtyard Time 2:00 Bingo Sensory 1:1
12 10:30 Hymn Sing 2:00 Games w/Pam Courtyard Time	13 10:30 Rise & Shine 11:00 Walk to Dine 1:00 Courtyard 2:00 BINGO 3:30 Garden Club	14 10:30 Chair Yoga w/ Rebecca 11:00 News & Views 2:00 ENTERTAINMENT ANN WATKINSON 3:30 MIX & MINGLE 4-6 TIME W/KIM <i>Flag Day (US)</i>	15 10:30 Rise & Shine 11:00 PET VISITS 1:00 COURTYARD 2:00 VAN RIDE COLT STATE PARK 3:30 SHORT STORIES/QUIET RM	16 10:30 Coffee Hour Men's Group 11:00 Catholic Mass 2:00 GARDEN CLUB 3:00 Bible Study 4-6 Aroma Therapy w/ Kim	17 10:00 Rosary 11:00 Hymn Sing 1:00 Sensory 2:00 Pub Hour Father's Celebration 4-5 Small Groups W/ Dulce	18 10:00 Spa Manicures Courtyard Time 2:00 Bingo Sensory 1:1
19 10:30 Hymn Sing 2:00 Games w/Pam Courtyard Time <i>Father's Day June 20th</i>	20 10:30 Rise & Shine 11:00 Walk to Dine 1:00 Courtyard 2:00 BINGO 3:30 Vespers w/Starr	21 10:30 Chair Yoga w/ Rebecca 11:00 News & Views 2:00 VAN RIDE TO BEACH!!! 3:30 MIX & MINGLE 4-6 TIME W/KIM <i>Summer Begins</i>	22 10:30 Rise & Shine 11:00 PET VISITS 1:00 COURTYARD 2:00 GARDEN CLUB 3:30 SHORT STORIES/QUIET RM	23 10:30 Coffee Hour Men's Group 11:00 Courtyard 2:00 Bowling 3:00 Bible Study 4-6 Aroma Therapy w/ Kim	24 10:00 Rosary 11:00 Hymn Sing 1:00 Sensory 2:00 Entertainment w/ Manny Brando 4-5 Small Groups W/ Dulce	25 10:00 Spa Manicures Courtyard Time 2:00 Bingo Sensory 1:1
26 10:30 Hymn Sing 2:00 Games w/Pam Courtyard Time	27 10:30 Rise & Shine 11:00 Walk to Dine 1:00 Courtyard 2:00 ENTERTAINMENT TONI AND PAT 3:30 Garden Club	28 10:30 Chair Yoga w/ Rebecca 11:00 News & Views 2:00 VAN RIDE FLO'S 3:30 MIX & MINGLE 4-6 TIME W/KIM	29 10:30 Rise & Shine 11:00 PET VISITS 1:00 COURTYARD 2:00 Tiverton Seniors To Sing! 4th July Show 3:00 MONTHLY BIRTHDAY/ CAKE	30 10:30 Coffee Hour Men's Group 11:00 Courtyard 2:00 Root Beer floats 3:00 Bible Study 4-6 Aroma Therapy w/ Kim		





The John Clarke Retirement Center | 600 Valley Road, Middletown, RI 02842

[Unsubscribe bfinnegan@jccri.org](mailto:bfinnegan@jccri.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by bfinnegan@jccri.org in collaboration with



Try email marketing for free today!