



John Clarke

SENIOR LIVING

TRUSTWORTHY - RESPONSIVE - UNITY - SERVICE - THRIVING

Dear John Clarke Community,

I am delighted to share with you that we are embarking on our second year of partnership with the Schwartz Center for Compassionate Care. Their Mission is to support and advance compassionate healthcare in which caregivers, patients and their families relate to one another in a way that provides hope to the patient, support to caregivers and sustenance to the healing process. Please see the article in this month's newsletter for more information on the Schwartz Center Rounds.

Later this month, we will be sending out information regarding our annual Satisfaction Survey process. I cannot emphasize enough how much we value your engagement with us in providing feedback for improvement. Our Customer Excellence Team develops annual action plans based on the information that we receive from our resident and family satisfaction surveys. Thank you in advance for taking the time to complete them when they arrive!

You may have noticed that we have an ***In Pursuit of Excellence*** board in the hall of the nursing center. The board provides information on our Excellence Team composition and goals of each team. Please take a moment to have a look when you have a chance.

I am excited to announce that the John Clarke Home Health Agency will have a soft opening by the end of the month. Services to be offered for our apartment residents will include Certified Nursing Assistant care,



Home Health Aide care, Shopping Assistance and Housekeeping. Please let us know if you are interested.

Finally, I want to share with you a documentary that our national association developed to offer a glimpse into what nursing home staff endured during the Pandemic. This is an emotional and poignant view into three nursing homes that were severely impacted by COVID. American Health Care Association – Documentary: [“Closed Doors, Open Hearts: Nursing Homes and COVID 19”](#)

Warm Regards,

Joan M. Woods,
Chief Executive Officer

Chefs Corner

Family Style Chicken Pot Pie

As we roll into fall and the air gets cooler heat up the ovens with a family friendly classic.

Ingredients:

- ½ stick unsalted soften butter
- 2 medium carrots peeled and chopped
- 2 stalks chopped celery
- 1 small onion chopped
- ¼ cup flour
- 1 cup chicken stock
- 1 cup milk
- 1 tsp Thyme
- 1 tsp Sage
- ½ tsp. salt
- 1 tsp. pepper
- 4 cups cooked and chopped chicken (1 de-boned 3-5lb roaster chicken)
- 1 cup frozen peas
- 1 cup frozen green beans
- 1 package ready made biscuits or homemade if you have the time



Directions:

1. Heat oven to 375°. In a large saucepan melt ½ the butter over medium heat. Add celery, carrots, onion, sage and thyme cook until tender.
2. Stir in flour until blended; gradually stir in stock and milk. Bring to a slight boil, stirring constantly, cook and stir until slightly thickened then stir in chicken, peas, green beans salt and pepper, cook until bubbly. Transfer to a greased 9x 13-in. baking dish.
3. Top mixture with biscuits, butter top of biscuits and bake for 15-20 minutes or until golden brown

Enjoy, Chef Scott

Here's What's Cooking in September at John Clarke

Summer 2022, Week of September 28th
(Assorted dry cereals and jams/jellies available on each menu as desired)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST Ass't Juices Pancakes Bacon Toast Fresh Berries COFFEE/TEA/MILK	Ass't Juices Fried Eggs Hash Browns Blueberry Muffin Banana COFFEE/TEA/MILK	Ass't Juices Eggs Benedict With Ham over English Muffin Warm Apples COFFEE/TEA/MILK	Ass't Juices Texas French Toast w/ Sausages Sliced Mandarin Oranges COFFEE/TEA/MILK	Ass't Juices Scrambled Eggs Apple Muffin Corned Beef Hash Cantaloupe Slice COFFEE/TEA/MILK	Ass't Juices Waffles w/ Blueberries Bacon Peach Muffin Banana COFFEE/TEA/MILK	Ass't Juices Western Omelet Sliced Tomato Multigrain Toast Fresh Fruit COFFEE/TEA/MILK
DINNER Ass't Juices Roast Beef w/ Gravy (Sub) Baked Stuffed Fish Herb Roasted Potato Green Beans (Sub) Corn Dinner Roll Ice Cream Sundae COFFEE/TEA/MILK	Ass't Juices Roasted Chicken (Sub) Braised Pork Chops Mixed Vegetables Scalloped Potatoes Broccoli Pineapple Upside Down Cake Pineapple Chunks w/ Topping COFFEE/TEA/MILK	Ass't Juices Baked Meatloaf w/ Gravy (Sub) Cheese Manicotti Mashed Potatoes Corn (Sub) Mixed Vegetables Strawberry Shortcake Strawberries w/ Topping COFFEE/TEA/MILK	Ass't Juices Roasted Turkey (Sub) Liver and Onions Stuffing Green Beans (Sub) Wax Beans Strawberry Ice Cream Diet Ice Cream COFFEE/TEA/MILK	Ass't Juices Shepherd's Pie (Sub) Chicken Pot Pie Mashed Potatoes Carrots (Sub) Beans Chocolate Pudding Parfait Diet Chocolate Pudding COFFEE/TEA/MILK	Ass't Juices Fish and Chips Cole Slaw (Sub) Roasted Chicken (Sub) Broccoli (Sub) Mashed Potatoes Oatmeal Raisin Cookie COFFEE/TEA/MILK	Ass't Juices Lasagna (Sub) BBQ Ribs Tossed Salad w/ Ranch Dressing (Sub) Green Beans Garlic Bread Chocolate Cake Diet Chocolate Cake COFFEE/TEA/MILK
SUPPER Ass't Juices Broccoli & Cheese Soup American Chop Suoy Turkey and Cheese Sandwich (Sub) Lettuce and Tomato Apple Crisp (Sub) Apple Sauce COFFEE/TEA/MILK	Ass't Juices Tomato Soup Grilled Cheese Sandwich (Sub) Tuna Salad Sandwich Chips Carrot Slaw Blueberry Pie or Fresh Fruit COFFEE/TEA/MILK	Ass't Juices Vegetable Soup Cheeseburger (Sub) Bologna & Cheese Sandwich Tater Tots Lettuce & Tomato Sherbet COFFEE/TEA/MILK	Ass't Juices Onion Soup Shaved Steak Grinder (Sub) Hot Dog on a Bun Chips or Macaroni Salad Fresh Melon COFFEE/TEA/MILK	Ass't Juices Minestrone Soup Grilled Ham and Cheese (Sub) Peanut Butter & Jelly on 12-Grain Bread Potato Salad Ice Cream Sandwich COFFEE/TEA/MILK	Ass't Juices Clam Chowder Tuna Salad Sandwich (Sub) Chicken Salad Sandwich Lettuce & Tomato Chips or 3 Bean Salad Pickle Spear Ice Cream Bar COFFEE/TEA/MILK	Ass't Juices Chicken Noodle Soup Sloppy Joe's (Sub) Egg Salad Sandwich Sliced Cucumber or Cole Slaw Banana Cake with Topping Fresh Banana COFFEE/TEA/MILK

The following nourishment items are offered each day after the evening meal until bedtime:

Fig Newtons	Juices
Oatmeal Cookies	Ginger Ale
Chocolate Chip Cookies	Milshakes
Peanut Butter Cookies	Milk
Graham Crackers	Healthshakes
Saltines	

Summer 2022, Week of September 4th
(Assorted dry cereals and jams/jellies available on each menu as desired)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST Ass'l Juices Pancakes Bacon Toast Fresh Berries COFFEE/TEA/MILK	Ass'l Juices Fried Eggs Hash Browns Blueberry Muffin Banana COFFEE/TEA/MILK	Ass'l Juices Corned Beef Hash Baked Egg Toast Fruit Cup COFFEE/TEA/MILK	Ass'l Juices Texas French Toast w/ Sausages Sliced Mandarin Oranges COFFEE/TEA/MILK	Ass'l Juices Scrambled Eggs w/ Corned Beef Hash 12-Grain Toast Cantaloupe Slice COFFEE/TEA/MILK	Ass'l Juices Belgian Waffles w/ Syrup Sausage Banana COFFEE/TEA/MILK	Ass'l Juices Sausage Omelet Sliced Tomato Peach Muffin Toast Fresh Fruit COFFEE/TEA/MILK
DINNER Ass'l Juices Stuffed Chicken (Sub) Baked Salmon Scalloped Potatoes Green Beans Peas and Carrots Dinner Roll Ice Cream Sundae Diet Ice Cream COFFEE/TEA/MILK	Ass'l Juices Roast Turkey (Sub) Liver and Onions Stuffing Peas (Sub) Broccoli Mississippi Mud Pie or Diet Chocolate Cake COFFEE/TEA/MILK	Ass'l Juices Baked Stuffed Sole (Sub) Chicken Rendelet Oven Brown Potatoes Zucchini (Sub) Beets Blueberry Pie or Fresh Fruit COFFEE/TEA/MILK	Ass'l Juices Fried Chicken (Sub) Salisbury Steak w/ Mushroom Gravy Pasta Salad Green Beans (Sub) Corn Coffee Ice Cream Diet Ice Cream COFFEE/TEA/MILK	Ass'l Juices Braised Short Rib w/ Demi Glaze (Sub) Smothered Pork Chops Garlic Mashed Tossed Salad (Sub) Cauliflower Banana Pudding Parfait Diet Banana Pudding COFFEE/TEA/MILK	Ass'l Juices Baked Fish (Sub) Beef Pot Pie Baked Potato Mixed Vegetable (Sub) Yellow Squash Fresh Fruit COFFEE/TEA/MILK	Ass'l Juices Sweet and Sour Chicken (Sub) Stuffed Shells Rice Green Beans Mixed Vegetable Peach Cobbler Peaches COFFEE/TEA/MILK
SUPPER Ass'l Juices Three Bean Soup BBQ Pulled Pork w/ Caramelized Onions on a bun (Sub) Ham Sandwich w/ Lettuce and Tomato Chips or Cole slaw Peanut Butter Cookies COFFEE/TEA/MILK	Ass'l Juices Minestrone Soup Meatball Sandwich (Sub) Bologna & Cheese Tossed Salad or Potato Salad Sliced Peaches and Topping (Regular & Diet) COFFEE/TEA/MILK	Ass'l Juices Broccoli & Cheese Soup Tuna Salad on a Torpedo Roll (Sub) Egg Salad Chips Lettuce & Tomato Pickle Spear Sherbet COFFEE/TEA/MILK	Ass'l Juices Garden Vegetable Tomato Soup Grilled Cheese (Sub) Peanut Butter & Jelly on 12-Grain Bread Tater Tots Pickles Oatmeal Raisin Cookie Diet Fruit Cocktail COFFEE/TEA/MILK	Ass'l Juices Chicken Rice Soup Chicken Pattie on a Bun (Sub) Hot Dog Chips or 3 Bean Salad Lettuce, Tomato & Olives Peas with Topping (Regular & Diet) COFFEE/TEA/MILK	Ass'l Juices Clam Chowder Seafood Salad on a Roll (Sub) Ham & Cheese Sandwich Potato Salad Lettuce & Tomato Brownie Sundae Diet Ice Cream COFFEE/TEA/MILK	Ass'l Juices Onion Soup Roast Beef Sandwich (Sub) Ham & Cheese Sandwich Tossed Salad with French Dressing Or Pasta Salad Butterscotch Pudding (Regular & Diet) COFFEE/TEA/MILK

The following nourishment items are offered each day after the evening meal until bedtime:

Fig Newtons	Juices
Oatmeal Cookies	Ginger Ale
Chocolate Chip Cookies	Milkhshakes
Peanut Butter Cookies	Milk
Graham Crackers	Healthshakes
Saltines	

Summer 2022, Week of September 11th
(Assorted dry cereals and jams/jellies available on each menu as desired)

+Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST Ass'l Juices Pancakes Bacon Toast Fresh Berries COFFEE/TEA/MILK	Ass'l Juices Fried Eggs Hash Browns Blueberry Muffin Banana COFFEE/TEA/MILK	Ass'l Juices Scrambled Eggs Canadian Bacon Multigrain Toast Fresh Fruit Peanut Butter Muffin COFFEE/TEA/MILK	Ass'l Juices Texas French Toast w/ Sausages Sliced Mandarin Oranges COFFEE/TEA/MILK	Ass'l Juices Baked Eggs Corned Beef Hash Apple Muffin Slice Melon COFFEE/TEA/MILK	Ass'l Juices Waffles w/ Warm Apples Bacon Banana COFFEE/TEA/MILK	Ass'l Juices Scrambled Eggs w/ Toasted Sugars w/ Cream Cheese Fresh Fruit COFFEE/TEA/MILK
DINNER Ass'l Juices Yankee Pot Roast (Sub) Lamb Steak Carrots & Mashed Potatoes (Sub) Peas Dinner Roll Ice Cream Sundae Diet Ice Cream COFFEE/TEA/MILK	Ass'l Juices Lasagna (Sub) Baked Fish w/ Dill Garlic Bread Zucchini (Sub) Corn Fruited Jello Diet Fruited Jello COFFEE/TEA/MILK	Ass'l Juices Chicken Pot Pie (S) Smothered Pork Chops Tossed Salad w/ Italian Dressing (S) Broccoli Dinner Roll Strawberry Shortcake COFFEE/TEA/MILK	Ass'l Juices BBQ Pulled Pork Sandwich (Sub) Chef Salad Black Beans and Rice Green Beans (S) Peas Cookies and Cream Ice Cream Diet Ice Cream COFFEE/TEA/MILK	Ass'l Juices Stuffed Peppers (Sub) Salisbury Steak Roasted Potatoes Carrots (Sub) Corn Spice Cake w/ Icing COFFEE/TEA/MILK	Ass'l Juices Fish & Chips (Sub) Chicken Rendelet Cole Slaw (Sub) Zucchini Apple Pie Diet Pudding COFFEE/TEA/MILK	Ass'l Juices Hot Roast beef on a Torpedo (Sub) Macaroni Tater Tots Mixed Vegetable (Sub) Green Beans Peach Shortcake Peaches COFFEE/TEA/MILK
SUPPER Ass'l Juices Split Pea Soup Ham & Cheese Turkey & Cheese Lettuce & Tomato and Pickle Bread Pudding Diet Peas COFFEE/TEA/MILK	Ass'l Juices Chicken Salad (Sub) Tuna Salad Pasta Salad Carrot Slaw Chocolate Cream Pie Diet Chocolate Pudding COFFEE/TEA/MILK	Ass'l Juices Hot Dog Bean casserole (S) Peanut Butter & Jelly on 12- Grain Bread Cole Slaw (v) 3 Bean Salad Brown Bread Fruit Cocktail COFFEE/TEA/MILK	Ass'l Juices Escarole Soup Choucroute & Peppers on a Roll (Sub) Bologna & Cheese w/ Lettuce & Tomato Sweet Fries Brownie COFFEE/TEA/MILK	Ass'l Juices Vegetable Soup Turkey salad Sandwich (Sub) Hot Dog Tossed Salad or Pasta Salad Sherbet Applesauce COFFEE/TEA/MILK	Ass'l Juices Clam Chowder Tuna Salad (Sub) Cheeseburger Chips Lettuce & Tomato Pickle Spear Marble Pound Cake w/ Topping COFFEE/TEA/MILK	Ass'l Juices Broccoli and Cheese Soup Meatball & Cheese sandwich (S) Turkey & Cheese Sandwich Macaroni Salad Lemon Meringue Pie Diet Lemon Pudding COFFEE/TEA/MILK

The following nourishment items are offered each day after the evening meal until bedtime:

Fig Newtons	Juices
Oatmeal Cookies	Ginger Ale
Chocolate Chip Cookies	Milkhshakes
Peanut Butter Cookies	Milk
Graham Crackers	Healthshakes
Saltines	

Summer 2022, Week of September 25th
(Assorted dry cereals and jams/jellies available on each menu as desired)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST Ass't Juices Pancakes w/ Syrup Bacon Toast Fresh Berries COFFEE/TEA/MILK	Ass't Juices Fried Eggs Hash Browns Blueberry Muffin Banana COFFEE/TEA/MILK	Ass't Juices Scrambled Eggs Homemade 12-Grain Toast Baked Apples COFFEE/TEA/MILK	Ass't Juices French Toast w/ Sausages Mandarin Oranges COFFEE/TEA/MILK	Ass't Juices Corned Beef Hash Boiled Eggs Toast Fruit Cup COFFEE/TEA/MILK	Ass't Juices Broccoli & Cheese Quiche Bacon Raisin Bran Muffin Banana COFFEE/TEA/MILK	Ass't Juices Sausage Omelet Sliced Tomato Cinnamon Toast Fresh fruit COFFEE/TEA/MILK
DINNER Ass't Juices Roast Turkey (Sub) Baked Fish Stuffing Carrots (Sub) Peas Dinner Roll Ice Cream Sundae Diet Ice Cream COFFEE/TEA/MILK	Ass't Juices Stuffed Peppers (Sub) Veal Pattie Tossed Salad (Sub) Green Beans Mashed Potatoes Strawberry Shortcake Diet Angel Food Cake w/ Strawberries COFFEE/TEA/MILK	Ass't Juices New England Boiled Dinner Corned Beef & Cabbage (Sub) Chicken Breast Boiled Potatoes Carrots (Sub) Wax Beans Jello Parfait Diet Jello COFFEE/TEA/MILK	Ass't Juices Stuffed Chicken (Sub) Salisbury Steak w/ Gravy Baked Potato Peas & Onions (Sub) Spinach Chocolate Ice Cream Diet Ice Cream COFFEE/TEA/MILK	Ass't Juices Baked Ham w/ Pineapple (Sub) Baked Cod Sweet Potato Summer Squash (Sub) Corn Chocolate Cream Pie Diet Apricots COFFEE/TEA/MILK	Ass't Juices Baked Salmon w/ Dill Sauce (Sub) Pork Rib White Rice Green Beans (Sub) Cauliflower Cherry Pie Diet Cherries COFFEE/TEA/MILK	Ass't Juices Hot Dog on a Bun (Sub) Cheeseburger Baked Beans Cole Slaw (Sub) Wax Beans Yellow Cake w/ Chocolate Frosting Diet Peaches COFFEE/TEA/MILK
SUPPER Ass't Juices Tomato Rice Soup Grilled Cheese Sandwich (Sub) Egg Salad Sandwich Pickle Spears Chips Brownies Diet Chocolate Pudding COFFEE/TEA/MILK	Ass't Juices Split Pea Soup Chicken Salad on a Bulgie Roll (Sub) Peanut Butter & Jelly on 12-Grain Bread Lettuce & Tomato or Cole Slaw Chips Oatmeal Cookies COFFEE/TEA/MILK	Ass't Juices Macaroni & Cheese (Sub) Ham Salad Tossed Salad w/ Italian Dressing (Sub) Broccoli Peach Slices Diet Peaches COFFEE/TEA/MILK	Ass't Juices Corn Chowder Roast Beef and Cheese Sub (Sub) Seafood Salad Sub Cucumber Salad (Sub) Zucchini Spice Cake w/ Topping COFFEE/TEA/MILK	Ass't Juices French Onion Soup Turkey Salad Sandwich (Sub) Ham Salad Sandwich Lettuce and Tomato Carrot Slaw (Sub) 3 Bean Salad Fruit Salad COFFEE/TEA/MILK	Ass't Juices Clam Chowder Chicken Parmesan Sandwich (Sub) Tuna Sandwich w/ Chips Lettuce, Tomato & Pickle Ice Cream Sandwich Diet Pears COFFEE/TEA/MILK	Ass't Juices Turkey-A-La-King Topped w/ Puff Pastry (Sub) Bologna & Cheese w/ Lettuce & Tomato & Chips Butterscotch Pudding COFFEE/TEA/MILK

The following nourishment items are offered each day after the evening meal until bedtime:

Fig Newtons	Juices
Oatmeal Cookies	Ginger Ale
Chocolate Chip Cookies	Milksakes
Peanut Butter Cookies	Milk
Graham Crackers	Healthshakes
Saltines	



Compassion in Healthcare

The Schwartz Center Rounds® program offers healthcare providers a regularly scheduled time during their fast-paced work lives to openly and honestly discuss social and emotional issues that arise in caring for patients. In contrast to traditional medical rounds, the focus is on the human dimension of healthcare. Caregivers have an opportunity to share their experiences, thoughts and feelings on compelling topics drawn from actual patient cases. The principle is that caregivers are

better able to make personal connections that improve their relationships with patients and colleagues when they have greater insight into their own responses and feelings.

The program was first piloted at Boston's Massachusetts General Hospital in 1997. As the Schwartz Center's fastest growing and most far-reaching initiative, the program is now offered in hundreds of healthcare sites across the country and continues to expand rapidly. The Schwartz Center Rounds program has succeeded in diverse settings, including adult and pediatric hospitals, outpatient practices, cancer centers, nursing homes, hospice, and health insurers. For more information, please go to: <https://www.theschwartzcenter.org/>



John Hunt, September 1st

Christa Mortude, September 6th

Cheryl Michaud, September 9th

Chris Pine, September 10th

Cynthia Williams, and Cynthia Jones, September 16th

Robin Hannon, September 19th

Richard Williams, September 20th

Eunice Whitlock, September 22nd

Gisela Ghattas, September 26th

Clara Motter, September 28th

Cindy Macioci, September 29th

Virginia Butterworth, and Jennifer Duponte, September 30th



If you witness an employee going above and beyond, give them a Shout Out! Our Shout Out Board is located right outside the front office. We want to recognize how fabulous our staff is so please feel free to "Shout Out"!

Our Shout Outs are read to our staff during our Monthly Staff Meeting and then put in the employee's personnel file.

Last month we had 17 Shout Outs!



Support John Clarke

Write Us a Review As a five-star rated facility we are proud of the care we provide. Our nurses truly go above and beyond for our residents, our housekeeping department never stops, dietary never hesitates to honor a special request and our recreation department keeps our residents entertained and engaged. A Google or Facebook review can go a long way.

Volunteer Like all strong non-profits we rely on exceptional volunteers to complete our mission and a volunteer board to lead John Clarke. To learn more about how you can volunteer to read, play board games, or visit with residents contact Robin Hannon at rhannon@johnclarkeseniorliving.org.

Follow Us Follow us on [Instagram](#), [Facebook](#) and [LinkedIn](#). Like, share, comment and save our posts. A few clicks can make a big impact.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2022 Retirement Center				1 10:00 Shopping 2 10:30 Rosary & Hymns 2:00 Music with Ishmael 3:00 Bible Study	2 3	3
4 10:30 Hymns in the Chapel 5 HAPPY LABOR DAY 3:30 Vespers <small>Labor Day</small>	6 2:00 Activities Room Reopening Party	7 10:00 Coffee Hour 2:00 Men's Group and Ladies' Tea Time (Dining Room)	8 11:00 Catholic Mass 2:00 Bingo! 3:00 Bible Study	9 10:00 Shopping 10 10:30 Rosary & Hymns 2:00 Music with Bobby B	10	
11 10:30 Hymns in the Chapel <small>Grandparents Day</small>	12 9:00 Breakfast at IHOP 11:00 Yoga with Mary in the Chapel	13 2:00 Bingo!	14 10:00 Coffee Hour 15 10:00 Shopping 1:30 Tenant Meeting 3:00 Bible Study	16 10:30 Rosary & Hymns 1:30 Music with Chris Waters on the front lawn <small>Calendar begins</small>	17	
18 10:30 Hymns in the Chapel <small>Both Harvest Begins</small>	19 11:00 Yoga with Mary in the Chapel 3:30 Vespers	20 10:00 Dave's Market 2:00 Bingo!	21 10:00 Coffee Hour 2:00 Blood pressure checks	22 2:00 Welcome Autumn – afternoon – dessert! 3:00 Bible Study <small>Autumn Begins</small>	23 10:00 Shopping 24 10:30 Rosary & Hymns 2:00 Music with Manny Brandao	24
25 10:30 Hymns in the Chapel <small>Both Harvest Begins</small>	26 11:00 Yoga with Mary in the Chapel	27 11:00 Lunch at City Gates	28 10:00 Coffee Hour 2:00 National Beer Day/Pub Hour	29 2:00 Bingo! 3:00 Bible Study	30 10:00 Shopping 31 10:30 Rosary & Hymns	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2022 JOHN CLARKE NURSING CENTER				10:00 Coffee Hour Ma's Donuts 11:00 Courtyard 2:00 ENTERTAINMENT w/ ISHMEAL 3:00 Bible Study 3:30-4:30 Pub Hour	1 10:30 Rosary/ Hymn Sing in Chapel 1:00 Sensory 2:00 SPA w/ DULCE 4-5 Small Groups 5-7 Movie night (INDEPENDENT)	3 10:00 MANICURES w/PAM 11:00 GARDEN TIME 2:00 BINGO w/PAM 3:30-4:30 Snackivity 5-7 Bottoms Up
4 10:30 Hymn Sing 2:00 Games or Courtyard w/Pam National Classic Game Day	5 10:30 RISE AND SHINE/Horoscopes 2:00 BINGO 3:30 Vespers	6 10:30 Chair Yoga w/ Rebecca 11:00 Pet Visits 2:00 BOWLING 3:30-4:30 Art	7 10:30 Circle of Friends 11:00 Word Games 2:00 Men's Group Ladies Teatime 3:30-5 Quiet time Music/ Aroma therapy 5:30-7 Places & Faces	8 10:00 Coffee Hour Ma's Donuts 11:00 Catholic Mass 2:00 Van Ride 3:00 Bible Study 3:30-4:30 Pub Hour	9 10:30 Rosary/ Hymn Sing in Chapel 1:00 Sensory 2:00 ENTERTAINMENT w/ BOBBY B 4-5 Small Groups 5-7 Movie night	10 10:00 MANICURES w/PAM 11:00 GARDEN TIME 2:00 BINGO w/PAM 3:30-4:30 Snackivity 5-7 Bottoms Up
11 10:30 Hymn Sing 2:00 Games or Courtyard w/Pam National Pet Memorial Day Grandparents Day	12 10:30 RISE AND SHINE/Horoscopes 2:00 BINGO 3:30 SMALL GROUPS w/Dulce National Encouragement Day	13 10:30 Chair Yoga w/ Rebecca 11:00 Pet Visits 2:00 VAN RIDE 3:30-4:30 Puzzles	14 10:30 Circle of Friends 11:00 Word Games 2:00 AUCTION 3:30-5 Quiet time Music/ Aroma therapy 5:30-7 Places & Faces	15 10:00 Coffee Hour Ma's Donuts 11:00 Courtyard 2:00 Root beer Floats 3:00 Bible Study 3:30-4:30 Pub Hour	16 10:30 Rosary/ Hymn Sing in Chapel 1:00 Sensory 2:00 Horseracing 4-5 Small Groups 5-7 Movie night	17 10:00 MANICURES w/PAM 11:00 GARDEN TIME 2:00 BINGO w/PAM 3:30-4:30 Snackivity 5-7 Bottoms Up
18 10:30 Hymn Sing 2:00 Games or Courtyard w/Pam National Cheeseburger Day!!	19 10:30 RISE AND SHINE/Horoscopes 2:00 BINGO 3:30 Vespers CHEESEBURGERS FOR ALL !!!	20 10:30 Chair Yoga w/ Rebecca 11:00 Pet Visits 2:00 National Fried Rice Day/ China	21 10:30 Circle of Friends 11:00 Word Games 2:00 COOKING w/CLASS "APPLES" 3:30-5 Quiet time Music/ Aroma therapy 5:30-7 Places & Faces	22 10:00 Coffee Hour Ma's Donuts 11:00 Courtyard 2:00 VAN RIDE 3:00 Bible Study 3:30-4:30 Pub Hour	23 10:30 Rosary/ Hymn Sing in Chapel 1:00 Sensory 2:00 ENTERTAINMENT w/ MANNY BRANDO 4-5 Small Groups 5-7 Movie night	24 10:00 MANICURES w/PAM 11:00 GARDEN TIME 2:00 BINGO w/PAM 3:30-4:30 Snackivity 5-7 Bottoms Up
25 10:30 Hymn Sing 2:00 Games or Courtyard w/Pam	26 10:30 RISE AND SHINE/Horoscopes 2:00 BINGO 3:30 SMALL GROUPS w/Dulce	27 10:30 Chair Yoga w/ Rebecca 11:00 Pet Visits 2:00 Bowling 3:30-4:30 News	28 10:30 Circle of Friends 11:30 DINE IN KFC 2:00 National Beer Day/ Pub Hour 3:30-5 Quiet time Music/ Aroma therapy 5:30-7 Places & Faces	29 10:00 Coffee Hour Ma's Donuts 11:00 Courtyard 2:00 Rock and Roll Day/ Concert Tee's 3:00 Bible Study 3:30-4:30 Pub Hour	30 10:30 Rosary/ Hymn Sing in Chapel 1:00 Sensory 2:00 DRUMS ALIVE 4-5 Small Groups 5-7 Movie night	STAFF ACTIVITIES ***** STAFF BINGO 8/7 APPLE CIDER DONUT DAY 8/19 CHEESEBURGER DAY FOR ALL 8/29 ROCK AND ROLL DAY/concert Tee's

Come Share Your Passion

Volunteer Today



John Clarke
SENIOR LIVING



SAVE *the* DATE

Resident Family Photo Day



10.02.22



The John Clarke Retirement Center | 600 Valley Road, Middletown, RI 02842

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