



# John Clarke

## SENIOR LIVING

Trustworthy Responsive Unity Service Thriving

*We are committed to Improving the lives we serve with respect  
compassion and kindness.*



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Dear John Clarke  
Community,

Full Spring has  
finally arrived,  
and we are  
delighted in the  
onset of warmer  
weather and the  
enjoyment of our  
new patio.



We have much to be grateful for this month! First, we are thrilled with our new windows that are being installed on our Retirement Community this month. The new windows provide much needed insulation and aesthetically, they are far more homelike than the former commercial windows.

Our Development Team has been hard at work partnering with donors and charitable organizations for the purchase of a Pergola and Furniture for the new patio. Our beautiful new patio will not be comfortable in the hot summer months without shade!

Secondly, I am extraordinarily grateful to every staff member at John Clarke for their continued commitment to Excellence. Our annual survey by the Department of Health noted no deficiencies – a very rare occurrence!

On Friday, May 5<sup>th</sup>, we are proud to be welcoming Senator Jack Reed to present a Citation of Appreciation to

Mary Ellen Grosvenor  
Joe Marion

David Brown for his outstanding commitment to the Navy Restoration Advisory Board. Congratulations to David! You can read more about NRAB in this newsletter.

I had the honor of attending the opening of the new Fish Print Museum in Portsmouth. Resident Tony Chatowsky's work with fish from all over the east coast and the Caribbean is wonderful. His work was featured in the Portsmouth Times article [Here](#). Don't miss the opportunity to visit the museum in person!

Finally, please check out our Calendars this month! National Nursing Home Week kicks off on Mother's Day and we are celebrating to the hilt this year!

Warm Regards,  
Joan M. Woods

# May 29th MEMORIAL DAY



REMEMBER AND HONOR

# We are Collecting Silent Auction Donations

## Polo & Prosecco is Returning

July 16th at Newport Polo All Charity Day

- Event and sporting tickets
- Wine and liquor baskets
- Gift certificates
- Passes for outings and more...



Contact Beth in the business office for more details [bfinnegan@johnclarkeseniorliving.org](mailto:bfinnegan@johnclarkeseniorliving.org) or 401-847-0743

Please consider donating! For more information and to make arrangements contact Beth in the business office at [bfinnegan@johnclarkeseniorliving.org](mailto:bfinnegan@johnclarkeseniorliving.org) or 401-846-0743. Your donation is tax deductible.



# Happy Birthday!

**Merilyn Venancio, May 1<sup>st</sup>**

**Pricilla Gilliard, and Carla Pereira, May 2<sup>nd</sup>**

**Esther Rosati, May 5<sup>th</sup>**

**Barbara Dietz, May 6<sup>th</sup>**

**Atanasia Rodrigues, May 7<sup>th</sup>**

**Wayne Pierce, May 12<sup>th</sup>**

**Charlot Brierley, May 14<sup>th</sup>**

**Sharon Bird, May 16<sup>th</sup>**

**Taylor Gallagher, May 18<sup>th</sup>**

**Janice Ludwig, May 21<sup>st</sup>**

**Brian Van Dale, May 22<sup>nd</sup>**

**Martin & Evelyn Lynch, May 28<sup>th</sup>**

**Barbara Lopez, May 31<sup>st</sup>**

**WELCOME TO TO THE TEAM!**



## Attention Resident Families

Our housekeeping department is coming across quite a bit of unlabeled laundry. Please be sure to give any personal items brought into John Clarke to laundry to label. We also have belongings inventory sheets at reception. Feel free to have a look at the lost and found the next time you visit. Labeling all belongings helps to prevent missing items.



## From the Kitchen

### Baked Macaroni & Cheese

1lb Medium size cooked elbow macaroni  
4oz. Extra sharp cheddar  
4oz. Jack cheese  
4 slices American cheese  
1 cup Whole milk  
¼ cup Flour  
¼ cup Unsalted butter  
Tsp. Mustard powder  
Tsp. Salt  
Tsp. White pepper  
Tsp. Smoked paprika

1 cup crushed ritz cracker w/ 2 tbsps. melted butter and 2 tbsps. parmesan mixed in

Preheat oven to 375

In a large sauce pan on medium heat melt 1/4c butter and stir in ¼ cup flour and lightly brown butter until it has a nutty smell and a light brown color. Add milk slowly and whisk until mixture is slightly thick. Add all the spices then the cheeses slowly, constantly whisking until preferred thickness is achieved you may need to add more milk if too thick, you will need a pourable mixture. In a large bowl mix the macaroni with the cheese then pour into a casserole dish and top with the ritz cracker mixture. Bake for 30 minutes or until brown and bubbly.

This recipe was inspired by my daughter Lexi and our discussion at the resident food committee meeting last month.

Enjoy, Chef Scott

## ***NEW FEATURE... MEET YOUR NEIGHBOR***

*This month features two of our neighbors, Pat Needham and Maddie Millin.*

*Thank you, Virginia Butterworth, for your contribution interviewing and writing about our residents.*



**Pat Needham** is one of the two women who moved to JCRC in 2012. Born in Cranston in 1935, she was raised an only child in Newport.

By age 14 she was manning the soda fountain at her father's drug store Weaver Pharmacy on Thames Street. Her early connection with the health care world proved a thread that continued into retirement and her volunteer activities at John Clarke.

Her professional life involved working as the Jill of all trades in private medical practices in both Virginia and Rhode Island. While living in Virginia she was named Medical Secretary of the Month; additionally, she was a volunteer at Virginia Beach General Hospital. Her personal life was dictated by her marriage in 1959 as her husband's job led them to a 4-year stint in Teheran. Pat saw firsthand the Shah's efforts to modernize and westernize his ancient Persian culture where the Mullahs still wield power.

On her return to Newport (alone) in 1977 Pat circulated her resume and was surprised to be offered an immediate job with Dr. James Herstoff at her interview. She spent 20 satisfying years managing his office. During this time, an acquaintance from her Iran days landed a job in Newport, re-connected, and shortly came courting. She married Ernie Needham, a retired career Marine in 1986. Ernie had been a Master Sargent and was crew chief on Marine One, the presidential helicopter during the Nixon and Johnson years. Their marriage proved a happy one as they enjoyed 33 cruises in the course of their life together including celebrating their 25th Anniversary with their 25th cruise.

Pat came to JCRC following her ailing husband who became a nursing home patient in 2012 and died in 2013. She has been a dedicated volunteer here helping nursing home patients wherever needed and assisting Retirement Center residents as well. "I feel very lucky that I am living her." sums it up for Pat. When you next see her, ask her about getting an Iranian visa for her dog, Little Bit.



At age 103, **Maddie Millin** is John Clarke's oldest resident. Though she has only lived here for 11 years, her association with the organization goes back more than 70 years.

Maddie is a lifelong Rhode Islander, a graduate of Central High in Providence and the URI School of Library Science. She was a member from age 5 of the Baptist Communion and the former Cranston Street Roger Williams Baptist Church which became Ebenezer Baptist. Her current active membership is with Phillips Memorial Baptist in Cranston.

It was via the Baptist connection that Maddie joined the Board of the Baptist Home at 2 Shephard Ave, currently the source of much legal wrangling between Salve the purchaser of the property and the abutters. With the proceeds from the sale, the Baptists were able to expand their vision for elder care by building the John Clarke Nursing and Retirement Center which opened in 1980.

Maddie continued her service by sitting on John Clarke's Board until 2002. Her life as a librarian began at Brown with a job in "educational measurements" (ask her) while she completed her degree at URI. She joined the Brown library staff and worked there 25 years, retiring at age 65 in 1985.

Maddie's personal life was blessed with two kind husbands. Earl Gross was the father of her only daughter, Marsha; they were married in 1944 until his death in 1969. Her marriage to Raymond Millin, a fellow Baptist lasted from 1976 until his death in 1990.

The other major influence in her life was her mother, Emma Fenner. Mrs. Fenner lived with Maddie from 1989 until her death at age 104 in 2004.

Maddie's interests include world travel (Croatia at age 86) dining out, collectables including holiday decorations and restaurant menus, and scrapbooking.

Her extensive scrapbook collection documents the construction and opening of John Clarke. She has agreed to share her scrapbook collection with her neighbors through an exhibit in the Activity Room in the near future.

Maddie says her life was shaped by the Baptist Church and its mission of kindness and friendliness. Her goal for John Clarke, "to make it a happy place."

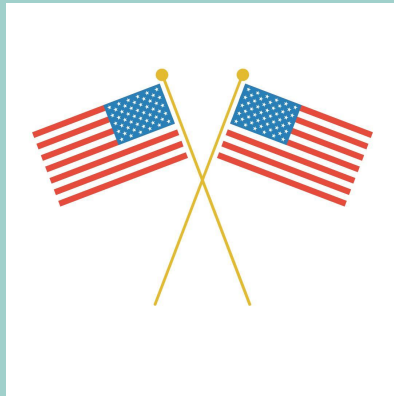
So says the woman who loves life and had a perfect attendance record for her 11 years in the Providence school system.

## Navy Restoration Advisory Board

A Restoration Advisory Board (RAB) was established for NAVSTA Newport in 1996, to establish community awareness, public participation information exchange, and stakeholder involvement in the Navy's Environmental Restoration Program (ERP).

A RAB is an advisory unit made up of community members, local environmental group members, and state, and federal officials. The RAB is intended to bring community members with diverse interests within the local community together with government officials representing the Navy, and the EPA and the Rhode Island Department of Environmental Management (RIDEM).

This partnership enables the early and continued two-way flow of information, concerns, values, and needs between the community and NAVSTA Newport.



# Chaplains Corner

As we start the month of May, we are challenged to remember several different things. It is a time to remember all our Military who served our Country both in the past and in the present. Many men and women who risked and gave their lives for the freedom we continue to have this day.

May also is a month to remember and celebrate our mothers and many other women who influenced our lives through the years. I encourage each of us to take a moment to remember our mothers and for those of you who still can, please thank and celebrate with your mother.

Lastly every day is a good day to remember and thank God for all He has done for us.

May God watch over you now and forever more.

Jim Davis  
Chaplain JCSL

Check out what we have going on for residents this month!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 National Nursing Home Week May 14-20	1 9:00 May Breakfast at IHOP!  May Day	2 11:00 Prayers and Praise with Chaplain Jim  2:00 Bingo!	3 10:00 Coffee Hour  3:30 Bible Study w/Chaplain Jim	4 2:00 Music with Tony & Pat  3:00 Bible Study With Reverend Smothers	5 10:00 Shopping 10:30 Rosary & Hymns 12:00 Award Ceremony w/Sen. Reed for Dave Brown 12-4 Jewelry Show Cinco de Mayo	6
7 10:30 Hymns in the Chapel	8 2:00 Bowling	9 11:00 Prayers and Praise with Chaplain Jim  2:00 Bingo!	10 10:00 Coffee Hour  3:30 Bible Study w/Chaplain Jim	11 11:00 Garden Club meeting on the sun porch  3:00 Bible Study With Reverend Smothers	12 10:00 Shopping 10:30 Rosary & Hymns  2:00 Mother's Day Tea	13
14 10:30 Mother's Day Worship Service   Mother's Day National Skilled Nursing Care Week	15 2:00 Music with Ishmael	16 11:00 Prayers and Praise with Chaplain Jim 2:00 Music with Doug Botelho 3:00 Pete's Ice Cream Truck	17 10:00 Coffee Hour 12:30 HULALA Day - music with Chris Waters & a Pig Roast (residents only) 3:30 Bible Study w/Chaplain Jim	18 11:00 Catholic Mass 1:30 Tenant Meeting 2:00 Music with Dave Manuel 3:00 Bible Study With Reverend Smothers	19 10:00 Shopping 10:30 Rosary & Hymns 2:00 Music with Bobby B	20  Armed Forces
21 10:30 Hymns in the Chapel	22 10:00 Dave's Market  2:00 Horse Racing  Vespa Day (Casual)	23 11:00 Prayers and Praise with Chaplain Jim  2:00 Bingo!	24 10:00 Coffee Hour 2:00 Blood Pressure Checks 3:30 Bible Study w/Chaplain Jim	25 2:00 Meet & Greet New Tenants  3:00 Bible Study With Reverend Smothers	26 10:00 Shopping 10:30 Rosary & Hymns	27
28 10:30 Hymns in the Chapel	29 11:00 Memorial Day Service   Memorial Day	30 11:00 Prayers and Praise with Chaplain Jim  2:00 Bingo!	31 10:00 Coffee Hour  3:30 Bible Study w/Chaplain Jim	 May 2023 Retirement Center Chaplain's Office Hours Mon-Wed 10-12		



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Rise & Shine 2:00 Bingo 3:30 Time w/ Chaplain Jim 4-5 Stories w/ Beth <i>May Day</i>	2 10:00 Daily Chronicles w/Beth Courtyard Time <b>2:00 Van Ride</b> 3:30 Bible Movie The chosen	3 10:00 Circle of Friends Courtyard Time <b>2:00 Resident Council</b> 3:30 Bible Study w/ Chaplain Jim	4 10:00 Coffee Hour Ma's Donuts <b>2:00 Entertainment Tony &amp; Pat</b> 3:00 Bible Study RC 3:30-5 Mix and Mingle	5 10:00 Rosary/ Hymn Sing <b>SENATOR JACK REED TO VISIT</b> <b>12-4 Jewelry Show/ Chapel</b> <b>Cinco De Mayo Social</b> <i>Cinco de Mayo</i>	6 10:00Nails & News 11:00 Courtyard 2:00 BINGO 3:30-5 Mix & Mingle
7 10:30 Rosary w/ Jackie 2:00 CRAFTS 2:00 Red Sox vs Philly	8 10:00 Rise & Shine 2:00 Bingo 3:30 Time w/ Chaplain Jim 4-5 Stories w/ Beth	9 10:00 Daily Chronicles w/Beth Courtyard Time <b>2:00 Silver Tops To Sing</b> 3:30 Bible Movie The Chosen	10 10:00 Circle of Friends Courtyard Time <b>2:00 Star craft w/Elene</b> 3:30 Bible Study w/ Chaplain Jim	11 10:00 Coffee Hour Ma's Donuts <b>2:00 Van Ride</b> 3:00Bible Study RC 3:30-5 Mix and Mingle	12 10:00 Courtyard Cooking Show/Dulce <b>2:00 MOTHER'S DAY TEA</b> <b>TONI &amp; PAT</b> 4-5 Mix and Mingle	13 10:00Nails & News 11:00 Courtyard 2:00 BINGO 3:30-5 Mix & Mingle
14 <b>10:30 Mother's Day Service</b> <b>Chaplain Jim</b> <b>FAMILY VISITS</b> <i>Mother's Day National Skilled Nursing Care Week</i>	15 <b>MAINTENANCE MEMORY GARDEN</b> ***** <b>HOUSEKEEPING</b> <b>2:00 Entertainment With / ISHMEAL</b>	16 <b>NURSING DAY</b> <b>TACO ABOUT APPRECIATION</b> ***** <b>2:00 Entertainment Doug B</b> <b>3:00 PETE'S ICE CREAM TRUCK</b>	17 <b>ACTVITY/REHAB DAY !!!</b> <b>HULALA DAY</b> <b>Entertainment Chris Waters</b> <b>PIG ROAST</b>	18 <b>DIETARY DAY</b> <b>ROCK &amp; ROLL</b> 10:00 Coffee Hour Ma's Donuts 11:00 Catholic Mass <b>2:00Entertainment Dave Manuel</b>	19 <b>ADMIN/ ADMISSIONS/SOCIAL SERVICES DAY</b> <b>CARNIVAL DAY</b> <b>2:00 Entertainment Bobby B</b>	20 10:00Nails & News 11:00 Courtyard 2:00 BINGO 3:30-5 Mix & Mingle <i>Armed Forces</i>
21 10:30 Rosary w/Jackie 1:00 Red Sox vs. Padres 2:00 CRAFTS	22 10:00 Rise & Shine 2:00 Bingo 3:30 Time w/ Chaplain Jim 4-5 Stories w/ Beth <i>Victoria Day (Canada)</i>	23 10:00 Daily Chronicles w/Beth Courtyard Time <b>2:00 Garden Club</b> 3:30 Bible Movie The Chosen	24 10:00 Circle of Friends 2:00 Ice Cream Social / Outside 3:30 Bible Study w/ Chaplain Jim	25 10:00 Coffee Hour Ma's Donuts 2:00 Movie Hour 3:00Bible Study RC 3:30-5 Mix and Mingle <i>Shenod Begins</i>	26 10:00 Courtyard Cooking Show w/ Dulce 2:00 Spa w/Dulce 3:30 Mix & Mingle	27 10:00Nails & News 11:00 Courtyard 2:00 BINGO 3:30-5 Mix & Mingle
28 11:00 Catholic Mass/ TV  1:10 Boston vs Arizona	29 10:00 Rise & Shine 2:00 Bingo 3:30 Time w/ Chaplain Jim 4-5 Stories w/ Beth <i>Memorial Day</i>	30 10:00 Daily Chronicles w/Beth Courtyard Time 11:00 Memorial Service/ Chaplain <b>2:00 Garden Club</b> 3:30 Bible Movie The Chosen	31 10:00 Circle of Friends Courtyard Time 2:00 Bowling 3:30 Bible Study w/ Chaplain Jim			



The John Clarke Retirement Center | 600 Valley Road, Middletown, RI 02842

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