



John Clarke

SENIOR LIVING

Trustworthy Responsive Unity Service Thriving

*We are committed to Improving the lives we serve with respect
compassion and kindness.*



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Dear John
Clarke
Community,

We are
delighted to
see so many
residents and
families
enjoying our
new patio in
our courtyard!



On June 29th, we will be hosting a
Ribbon Cutting to celebrate with
representatives from Bank Newport
who provided the funds for the
courtyard. We continue to seek funds to
build a Pergola to provide shade for the
patio and to purchase furniture.

June is Pride Month, and we will be
celebrating our community diversity by
participating in Newport's Pride Festival
on June 24th. Come join us at the Great
Friends Meeting House in Newport!

We are thrilled with the look of our
community now that we have new
windows, and the siding is being
installed. We are so very grateful for the
generous donation from the van Beuren
Charitable Foundation to make this
much needed project a reality.

Happy Father's Day to all the wonderful
Dads this month!



Board Member Spotlight

John M Sweeney

John Clarke Senior Living is pleased to welcome John M Sweeney of BankNewport to our Board of Directors. John has been a VP of cash management sales manager with the Bank since May of 2022.

He is a well-qualified and results oriented finance professional with over 20 years of experience in positions of increasing responsibilities and duties.

John is excited to bring his skills to help further our mission of improving the lives we serve with respect compassion and kindness.

Join us Sunday, July 16th!

Polo & Prosecco

gates open at 3 pm, match begins at 5 pm

Complimentary prosecco & light fare*

Scan to purchase
tickets online** or
purchase at the desk
at John Clarke



We are Collecting Silent Auction Donations

- Tickets to sporting events and live shows
- Gift Baskets
- Gift Certificates
- Passes for outings and more!

Contact Beth in the business office for more details
bfinnegan@johnclarkesenioreliving.org or 401-847-0743

*BYOB optional

**Paper tickets required for entry. They will be mailed via USPS to those who purchase online.

[Tickets Available Here](#)

Chaplain's Corner

This year we will celebrate the summer solstice on June 21st at 5:14 am. This day is



also referred to as the equinox which means the sun will be in position to deliver us the longest amount of daylight hours for this year. As I thought of this from a biblical perspective, I was reminded that we are called to be the light of the world. Darkness is really the absence of light. I also asked myself how I can help spread light in what can sometimes feel like a dark world.

Many of the things I thought about I realized do not have to have a monetary value but may require us to give a few minutes of our time. A smile, kind word, listening ear, helping with a task, and many other kind gestures to make someone's day a little brighter.

Thank you to all of you that help John Clarke, to be a bright beacon in this community.

Jim Davis
Chaplain JCSLC



Happy Pride!

It's June and we are celebrating Pride month! Did you know John Clarke is the only nursing home on Aquidneck Island designated as a Blue Cross Blue Shield safe zone. We partnered with **SAGE** (Services and advocacy for gay, lesbian, bisexual and transgender elders) to train staff on caring for LBGT elders with dignity and respect.



Happy Father's Day

June 18th



John Clarke
SENIOR LIVING



JUNETEENTH

FREEDOM DAY

JUNE 19, 2023



Janice Hagen, June 1st

Pauline Siebens, June 3rd

Carolyn Mason, June 4th

Robert Van Hof, June 5th

Manuel Nicolau, June 9th

Cornelia Albertus, June 10th

Shamar Giddings Julius, June 12th

Lourdes Mendez, June 13th

Nathaniel Ingersoll and Donald Rowe, June 12th

Raymond Oehrtmann, June 14th

William Kennedy and Denise Sullivan, June 15th

Cynthia Hart, June 16th

James Davis, June 20th

Margery Silvia and Job Palaya, June 22nd

Patricia Needham and Arthur Plymesser, June 28th

Beth Finnegan, June 30th

WELCOME TO THE TEAM!



Attention Resident Families

Our housekeeping department is coming across quite a bit of unlabeled laundry. Please be sure to give any personal items brought into John Clarke to laundry to label. We also have belongings inventory sheets at reception. Feel free to have a look at the lost and found the next time you visit. Labeling all belongings helps to prevent missing items.



From the Kitchen

Nerve Cookies (also known as Intelligence Cookies)
recipe courtesy of Virginia Butterworth

These cookies are helpful to sooth the nerves and slow the aging process. They also stimulate intelligence and create a cheerful heart. They have been known to be beneficial to distracted school children.

1 1/2 cups of butter
3 cups of brown sugar
1/2 teaspoon salt
2 eggs- well beaten
4 teaspoons of baking powder
6 cups of flower
2 1/2 teaspoons of cinnamon
2 1/4 teaspoon of nutmeg
1/2 teaspoon of cloves
1 cup of ground or chopped almonds
(optional)

- Cream the butter and sugar until light and fluffy
- Add the eggs
- Combines and sift the dry ingredients then add them to the creamed mixture
- Knead on a flowered surface, briefly.
- Divide the dough and shape into log shaped rolls
- Wrap dough rolls into wax paper and thoroughly chill
- They can also be frozen for baking later
- Once rolls are firm, cut into thin slices
- Bake for 8 - 10 minutes at 375

Eat three to five cookies a day

Enjoy, Chef Scott

MEET YOUR NEIGHBOR

This month features Arthur Plymesser

Thank you, Virginia Butterworth, for your contribution interviewing and writing about our residents.



Coming to John Clarke in 2013, **Arthur Plymesser** is our 6th longest standing resident. He was born in Fall River in 1925 but shortly became an Islander when his family moved to Newport.

A member of the “Greatest Generation” Arthur and four of his five brothers served in WW II and, mercifully, all returned home. Art served as an army cook, first in Europe and then Japan and Korea when he re-upped for another 3 years; he was honorably discharged in 1948.

In Japan in 1946, he saw firsthand the devastation of the atomic bomb attacks on Hiroshima and Nagasaki. Pre-Covid, Arthur was escorted on an Honor Flight to Washington DC to view the WW II memorial. When Arthur’s army days ended, he returned to Rhode Island and joined his father as a baker in the family-owned Park Holm Bakery in Portsmouth. In 1949 he found his bride and wife of 42 years, Elsie Perry. They became the unexpected parents of their only son Stuart after 24 years of marriage. In 1953, Arthur left the 2 AM start days of a baker for more reasonable hours in newspaper production, first as a compositor for the Newport Daily News and later as foreman of the compositing room at the Taunton Daily Gazette until his retirement in 1990.

Arthur lost his wife Elsie the following year but was blessed again in a second marriage to the widowed Rachel Perry who had raised 5 children. Rachel eventually became a resident at the John Clarke Nursing Center which led to Arthur’s move to the Retirement Center. The marriage brought to Arthur and our community Rachel’s daughter, Sherry Fortin, our most dedicated and celebrated volunteer. As Arthur observed “I wouldn’t know what to do without her.” Arthur is an American Baptist and volunteered at the United Baptist Church on Spring Street for 35 years including cooking for the soup kitchen for 28 of those years. His other interest was fishing with his father off the rocks at Ledge Road and from his skiff. Arthur thinks John Clarke “is great” and feels life has been good to him. Wish him a happy 98th Birthday on June 28!

Check out what we have going on for residents this month!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>June 2023</h1> <p>JOHN CLARKE NURSING CENTER</p>				10:00 Coffee Hour Ma's Donuts 2:00 Bowling/ Bill 3:00 Bible Study RC 3:30-5 Mix & Mingle	1 10:00 Courtyard Garden Club Cooking Show w/Dulce IN2L 2:00 Entertainment Chris Waters 4-5 Small Groups	2 10:00 Nails and News (MDR) Courtyard 1:10 Boston vs. Tampa Bay 2:00 Bingo Sensory 1:1
10:30 Rosary w/Jackie 2:00 Crafts/ Tampa Bay Vs. Boston Courtyard time!	4 10:00 Rise & Shine Pet Visits/ Stella 2:00 Bingo 3:30 Time w/ Chaplain Jim 4-6 Aroma Therapy	5 10:00 Daily Chronicles w/Beth Courtyard Time 2:00 Van Ride 3:30 The Chosen w/ Chaplain Jim 4-6 Exercise	6 10:00 Circle of Friends 2:00 Resident Council 3:30 Bible Study w/ Chaplain Jim 4-6 Small Groups	7 10:00 Coffee Hour Ma's Donuts 2:00 Floral Design RC/ NC Must sign up 3:00 Bible Study RC 3:30-5 Mix & Mingle	8 10:00 Courtyard Garden Club Cooking Show w/Dulce IN2L 2:00 Men's Group Pizza/ Beer 4-5 Small Groups	9 10:00 Nails and News (MDR) Courtyard 2:00 Bingo Sensory 1:1
10:30 Hymn Sing 11:00 Catholic Mass/ TV 2:00 Crafts/ Boston vs Yankees Courtyard time!	11 10:00 Rise & Shine Pet Visit/ Stella 2:00 Bingo 3:30 Vespers 4-6 Small Group	12 10:00 Circle of Friends 2:00 Ice Cream Social/ outside 3:30 Bible Study w/ Chaplain Jim 4-6 Small Groups	13 10:00 Circle of Friends 2:00 Star Craft w/ Elene 3:30 Bible Study w/ Chaplain Jim 4-6 Small Groups <small>(No Day Off)</small>	14 10:00 Coffee Hour Ma's Donuts 11:00 Catholic Mass/ Father Frank 2:00 Van Ride 3:00 Bible Study RC 3:30-5 Mix & Mingle	15 10:00 Courtyard Garden Club Cooking Show w/Dulce IN2L 2:00 Entertainment Bobby B 4-5 Small Groups	16 10:00 Nails and News (MDR) Courtyard 2:00 Bingo Sensory 1:1
10:30 Rosary w/Jackie 2:00 Apple Pie Social Courtyard time! Father's Day <small>Father's Day</small>	18 10:00 Rise & Shine Pet visits/ Stella 2:00 Bingo 3:30 Time w/ Chaplain Jim 4-6 Aroma Therapy <small>June 19th</small>	19 10:00 Daily Chronicles w/Beth Courtyard Time 2:00 Van Ride 3:30 The Chosen w/ Chaplain Jim 4-6 Exercise <small>June 20th</small>	20 10:00 Circle of Friends 2:00 Butterfly Release Root Beer Floats 3:30 Bible Study w/ Chaplain Jim 4-6 Small Groups <small>Summer Begins</small>	21 10:00 Coffee Hour Ma's Donuts 12:10 Boston vs. Minnesota 2:00 Strawberry Shortcake/ Social 3:00 Bible Study RC 3:30-5 Mix & Mingle	22 10:00 Courtyard Garden Club Cooking Show w/Dulce IN2L 2:00 Spa Day 4-5 Small Groups	23 10:00 Nails and News (MDR) Courtyard 2:00 Bingo Sensory 1:1
10:30 Hymn Sing 11:00 Catholic Mas/ TV 1:10 Boston vs. Chicago 2:00 Crafts/ Courtyard time!	25 10:00 Rise & Shine Pet Visits/ Stella 2:00 Bingo 3:30 Vespers 4-6 small Groups <small>June 26th</small>	26 10:00 Daily Chronicles w/Beth Courtyard Time 2:00 Corn Hole Hot Dog Roast 3:30 The Chosen w/ Chaplain Jim	27 10:00 Circle of Friends 2:00 Tiverton Senior Chorus 3:30 Bible Study w/ Chaplain Jim 4-6 Small Groups	28 10:00 Coffee Hour Ma's Donuts 11:00 Ribbon Cutting Bank Newport 2:00 Van Ride/ Flo's 3:00 Bible Study RC 3:30-5 Mix & Mingle	29 10:00 Courtyard Garden Club Cooking Show w/Dulce IN2L 2:00 Entertainment Toni & Pat Del's Lemonade	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>June 2023</h1> <p>Retirement Center</p>				1 3:00 Bible Study With Reverend Smothers	2 10:00 Shopping 10:30 Rosary & Hymns 2:00 Music with Chris Waters	3
10:30 Hymns in the Chapel	4 10:30 Food is Medicine (must be signed up)	5 11:00 Prayers and Praise with Chaplain Jim 2:00 Bingo with Pat!	6 10:00 Coffee Hour with Chaplain Jim and Eva 3:30 Bible Study w/Chaplain Jim	7 10:00 Garden Club meeting on the sun porch 2:00 Floral Design - must sign up 3:00 Bible Study With Reverend Smothers	8 10:00 Shopping 10:30 Rosary & Hymns	9 10:30 Rosary & Hymns
10:30 Hymns in the Chapel	11 10:30 Food is Medicine (must be signed up) 3:30 Vespers	12 11:00 Prayers and Praise with Chaplain Jim 2:00 Bingo with Pat!	13 10:00 Coffee Hour with Chaplain Jim and Eva 3:30 Bible Study w/Chaplain Jim <small>Play Day</small>	14 11:00 Catholic Mass - last one with Father Frank 1:30 Tenant Meeting 3:00 Bible Study With Reverend Smothers	15 10:00 Shopping 10:30 Rosary & Hymns 2:00 Music with Bobby B	16 10:30 Rosary & Hymns
10:30 Hymns in the Chapel <small>Happy Father's Day</small>	18 10:30 Food is Medicine (must be signed up)	19 11:00 Prayers and Praise with Chaplain Jim 2:00 Bingo with Pat!	20 10:00 Coffee Hour with Chaplain Jim and Eva 3:30 Bible Study w/Chaplain Jim <small>Summer Begins</small>	21 3:00 Bible Study With Reverend Smothers	22 10:00 Shopping 10:30 Rosary & Hymns	23 10:30 Rosary & Hymns
10:30 Hymns in the Chapel	25 10:30 Food is Medicine (must bd signed up) 3:30 Vespers	26 11:00 Prayers and Praise with Chaplain Jim 2:00 Bingo with Pat!	27 10:00 Coffee Hour with Chaplain Jim and Eva 2:00 Grilled Hot Dogs! 3:30 Bible Study w/Chaplain Jim	28 11:00 Ribbon Cutting with Bank Newport for the new Courtyard 3:00 Bible Study With Reverend Smothers	29 10:00 Shopping 10:30 Rosary & Hymns 2:00 Music with Tony & Pat and Del's Lemonade	30



The John Clarke Retirement Center | 600 Valley Road, Middletown, RI 02842

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