

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025



<p>Roast Turkey with Cranberry Mini Pizza Herb Stuffing Mashed Potato Peas or Broccoli Dinner Roll Apple Pie</p> <p>2</p>	<p>Beef Stew Hot Dog on a roll Garlic Mashed Potato Asparagus/Baked Beans Chocolate Cake Pineapple Rings</p> <p>3</p>	<p>Stuffed Shells Breaded Chicken Filet Tossed Salad w/Italian Dressing Broccoli Garlic Bread Lemon Square Diet Lemon Pudding</p> <p>4</p> <p><small>Mardi Gras</small></p>	<p>Roasted Chicken BBQ Pork Ribs Green Beans Butternut Squash Baked Potato Chocolate Ice Cream Diet Ice Cream</p> <p>5</p>	<p>Baked Ham with Pineapples Beef Pot Pie Mashed Potato Peas and Pearl Onions Cauliflower Cherry Pie Fresh Fruit w/Topping</p> <p>6</p>	<p>Baked Stuffed Sole Salisbury Steak Scalloped Potatoes Beets or Corn Brownie Low Calorie Chocolate Pudding</p> <p>7</p>	<p>Braised Pork Salisbury Steak Mashed Sweet Potato Asparagus Green Beans Fruited Jell-O w/topping Diet Fruited Jell-O w/topping</p> <p>1</p>
<p>Roast Chicken Stuffed Shells Rice Medley Butternut Squash Green Beans Dinner Roll Ice Cream Sundae</p> <p>9</p> <p><small>Daylight Saving Time Begins</small></p>	<p>Braised Pork Chop Baked Fish Herb Roasted Potatoes Broccoli or Brussel Sprouts Apple Crisp Apples w/ Cinnamon</p> <p>10</p>	<p>Spaghetti & Meatballs Breaded Chicken Filet Tossed Salad Dressing Veg Medley Garlic Bread Yellow Cake w/ Icing Angel Cake</p> <p>11</p>	<p>Fried Chicken Beef Pot Pie Mashed Potato Green Beans/Corn Biscuit Toffee Ice Cream Regular or Low Cal</p> <p>12</p>	<p>Stuffed Peppers BBQ Pork Rib Carrots Mashed Potatoes Mixed Vegetable 3Layer Chocolate Cake Diet Chocolate Cake</p> <p>13</p> <p><small>Purim Begins</small></p>	<p>Catch of the Day Roasted Chicken Baked Potato Beets or Green Beans Dessert Fruit Bar</p> <p>14</p>	<p>Cheeseburger Fried Fish Sweet Potato Fries Mashed Potato Corn Mixed Vegetables Pound Cake w/Strawberries</p> <p>15</p>
<p>Baked Ham w/Pineapples Baked Fish Herb Stuffing Brussel Sprouts Green Beans Dinner Roll Ice Cream Sundae</p> <p>16</p>	<p>Stuffed Peppers Chicken Pot Pie Carrots or Peas Blueberry Pie Fresh Fruit w/ Topping</p> <p>17</p> <p><small>St. Patrick's Day</small></p>	<p>Braised Pork Loin Ravioli Baked Potato Green Beans Wax Beans Carrot Cake w/ icing Angel Food Cake</p> <p>18</p>	<p>Smothered Braised Chicken Salisbury Steak Rice or Mashed Potato Corn/Zucchini Strawberry Ice Cream Diet Ice Cream</p> <p>19</p>	<p>American Chop Suey Beef Pot Pie Garlic Bread Carrots Chocolate Cake Diet Chocolate Cake</p> <p>20</p> <p><small>Spring Begins</small></p>	<p>Fish and Chips Chicken Breast Sides Cole Slaw Mashed Potato Lettuce & Tomato Fruit Bar</p> <p>21</p>	<p>Chicken Sandwich Cheeseburger Tater Tots or Mashed Potatoes Zucchini Carrots Chocolate Pudding Diet Chocolate Pudding</p> <p>22</p>
<p>Pot Roast BBQ Ribs Oven Roasted Potatoes Cauliflower Dinner Roll Dessert Ice Cream Sundae Diet Ice Cream Pot Roast</p> <p>23</p>	<p>Stuffed Shells w/marinara. Chicken Cutlet Garlic Bread Tossed Salad Broccoli Mashed Potato Blueberry Pie Fresh Fruit</p> <p>24</p>	<p>Braised Pork Chops Chicken Pot Pie Carrots Boiled Potatoes Wax Beans Chocolate Cake Diet Chocolate Cake</p> <p>25</p>	<p>Herb Roasted Chicken With Cranberry Sauce Salisbury Steak Baked Potato Green Beans/Cauliflower Dinner Roll Rainbow Sherbet</p> <p>26</p>	<p>Stuffed Peppers Baked Fish Garlic Mashed Potato Zucchini and Squash Medley/Broccoli Cheesecake with Strawberries Fresh Strawberries</p> <p>27</p>	<p>Fish and Chips Baked Breaded Chicken Mashed Potato Cole Slaw Peas Lemon Squares Diet Lemon Pudding</p> <p>28</p>	<p>Smothered Pork Chops Ravioli Herb Stuffing Butternut Squash Corn Peach Shortcake Sliced Peached</p> <p>29</p>
<p>Roast Beef with Gravy Baked Ham w/Glaze Roasted Potatoes Brussel Sprouts or Wax Beans Dinner Roll Ice Cream Sundae Low Calorie Ice Cream</p> <p>30</p>	<p>Roast Turkey with gravy Herb Stuffing Beef Pot Pie Mashed Potato Peas or Broccoli Pumpkin Pie Diet Pumpkin Pudding</p> <p>31</p>	<p>JOHN CLARKE SENIOR LIVING LUNCH MENU</p>				