



# John Clarke

SENIOR LIVING

TRUSTWORTHY - RESPONSIVE - UNITY - SERVICE - THRIVING

May 1, 2025



Dear John Clarke Community,

Happy Spring!



After what seems to be many years in the making, our renovation of the Nursing Center will finally begin on May 12<sup>th</sup>! This entire project is expected to cost over 5 million dollars and will take several years to complete and will be completed in phases. Phase I will include a new generator that will support all of our electrical needs in the event of an outage, and renovation of our lobby, conference room, halls, nurses station and a new nurse call system. Phase II will include resident rooms, showers and some offices. Phase III will be a renovation of the dining room. We have secured funding for Phase I and will be initiating a capital campaign in the future to complete the project.

We are looking forward to celebrating National Nursing Home Week beginning on Mother's Day and we have many fun events planned. Please check out our calendar for details!

We have begun work on revamping and refreshing our menus and will be looking for input from residents – stay tuned!

**SAVE THE DATE!** Our biggest fundraiser - Charity Polo Day at the Polo Fields in Portsmouth is set for July 13<sup>th</sup>. We are seeking donations for auction items and would appreciate items such as tickets to concerts/events, experiences such as spa gift certificates, hotel certificates, etc. Thank you in advance!

Warm Regards,

*Joan M. Woods, CEO*

# Chaplains Corner

## New Life

As we enter the month of May, let's be thankful for it is a time of warm weather and nature coming back to life. As flowers bloom and animals are born, we are reminded of the innocence and beauty that exists in this world.

Stop for a moment and realize that there is new life all around us. In God's word, we are given new love and new mercies every morning.

In the old Testament the book of Lamentations 3:22-23 reminds us.

The steadfast love of the Lord never ceases;

His mercies never come to an end; they are new every morning;  
great is your faithfulness.

Spring provides a wonderful reminder to us that we should be living a full life every day. Trying to leave yesterday behind and looking forward to enjoying today.

There is renewed hope that Spring has come, and with-it new life has come forth!



Jim Davis

Pastor/Chaplain JCSLC



## Chef's Corner

### Little necks and Chourico over Linguini

12 Little necks  
2 lbs Ground chourico  
1/2 lb Fresh cooked linguini  
1 Whole garlic diced fine  
4 Split cherry tomatoes  
1/2 cup white wine  
1 French baguette  
1 Tbsp. Fresh grated parmesan  
1 Stick softened no salt butter  
1/2 Tsp. Salt  
1/2 Tsp. pepper  
1 Tsp. Crushed Red Pepper  
1 Tsp. Chopped Parsley  
4 Lemon wedges (1 lemon)



In a large sauté pan on med-high heat, melt half a stick of butter.

Add garlic and onions. Cook until slightly cooked and fragrant.

Add 2 squeezed lemon wedges (just the juice) white wine, salt, pepper, crushed red pepper and little necks.

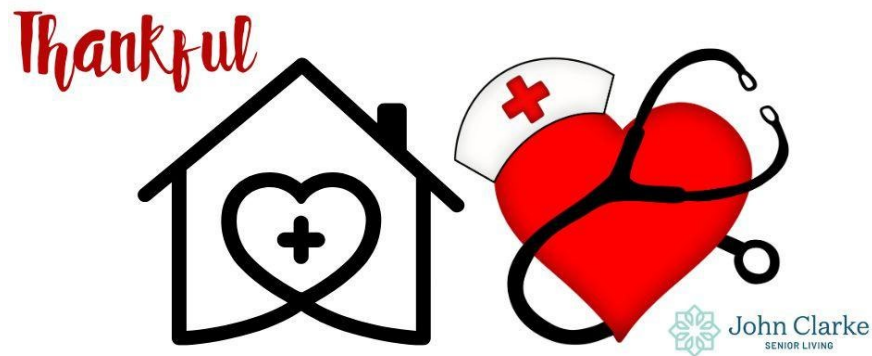
Simmer for 5m or until all the necks open. While simmering, cut the baguette on an angle and lightly butter both sides and broil on both sides until golden brown and the edges are slightly burnt. Believe me it adds to the flavor.

When the necks open up, toss in the split cherry tomatoes and fresh cooked linguini cook for another 3 to 5 m.

Top with fresh grated parmesan and parsley and garnish with the baguette (2 crostini's) and lemon wedge.

Serves 2 to 4 depending on your appetite.

Enjoy, Chef Scott



**May 11 – 17 is National Nursing Home Week!** We are thankful John Clarke Senior Living is a 501(c)(3) organization that can accept donations and grants. A heartfelt thanks to the following people who made donations last month:

**Tub to Shower Conversion Project  
in the Apartments:**  
Katherine Pitzer

**Activity Fund Donations  
In Memory of Bertha Gagnon:**  
Eugene and Paulette LaParle  
Claudia Vars

**In Memory of Michael Kane:**  
Merelyn Venancio

**Activity Fund:**  
Cheryl Michaud

**General Support Donations:**  
Tony & Florence Chatowsky

**Silent Auction Donation for Polo & Prosecco:**  
Doreen LePage

**In-Kind Donation:**  
Dedee Milnes





#### 2024 Donor Impact Report



We'll be mailing our 2024 Donor Impact Report in during **National Nursing Home Week**. In it we will share news about some of the initiatives we were able to undertake in 2024 and thank donors for making an impact.

### Would you like to receive a copy?

[Email Colleen](#) at [cmcgrath@jccrci.org](mailto:cmcgrath@jccrci.org) with your name and address and we'll drop a copy in the mail to you!



Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Memorial Day 2025 will occur on **Monday, May 26<sup>th</sup>**.

Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings, and participating in parades. Unofficially, it marks the beginning of summer season.



Let's Celebrate National Nursing Home Week May 11<sup>th</sup>-17<sup>th</sup>



Monday, May 12<sup>th</sup>  
ADMIN / Social Services Day  
Disney Theme

Tuesday, May 13<sup>th</sup>  
Maintenance/Housekeeping  
Garden Time ~ Yard Games

Wednesday, May 14<sup>th</sup>  
Recreation/Therapy  
Kentucky Derby Day

Thursday, May 15<sup>th</sup>  
Nursing  
Petal Palooza

Friday, May 16<sup>th</sup>  
Kitchen  
Hawaiian Day



Nikki Davis, CNA

Patricia Sousa-Cooper, RN

Marie King, CNA





Merilyn Venancio, May 1<sup>st</sup>

Carla Pereira, May 2<sup>nd</sup>

Helen Browne, May 4<sup>th</sup>

Esther Rosati, May 5<sup>th</sup>

Barbara Dietz, May 6<sup>th</sup>

Julia Carreiro, and Erna Scott, May 9<sup>th</sup>

Atanasia Rodrigues, May 7<sup>th</sup>

Wayne Pierce, May 12<sup>th</sup>

Sharon Bird, May 16<sup>th</sup>

Taylor Gallagher, May 18<sup>th</sup>

Janice Ludwig, May 21<sup>st</sup>

Brian Van Dale, May 22<sup>nd</sup>

Apple Sowden Young, May 23<sup>rd</sup>

Martin Lynch, May 28<sup>th</sup>

Barbara Lopez, May 31<sup>st</sup>



# Mother's Day

Second Sunday of May



APPRECIATION  
BEAUTIFUL  
BREAKFAST  
CANDY  
CHARMING  
COMFORT  
DEVOTED  
FLOWERS  
FORGIVING  
GIFTS

GUIDANCE  
HUGS  
JEWELRY  
JOY  
KISSES  
LAUGHTER  
LOVE  
MATERNAL  
MOM  
MOTHER

NURTURE  
PERFUME  
PROTECTIVE  
SHARE  
TELEPHONE  
TENDER  
THE BEST  
WARM  
WISE

