



John Clarke

SENIOR LIVING

TRUSTWORTHY - RESPONSIVE - UNITY - SERVICE - THRIVING

May 1, 2025



Dear John Clarke Community,



Happy Spring!

After what seems to be many years in the making, our renovation of the Nursing Center will finally begin on May 12th! This entire project is expected to cost over 5 million dollars and will take several years to complete and will be completed in phases. Phase I will include a new generator that will support all of our electrical needs in the event of an outage, and renovation of our lobby, conference room, halls, nurses station and a new nurse call system. Phase II will include resident rooms, showers and some offices. Phase III will be a renovation of the dining room. We have secured funding for Phase I and will be initiating a capital campaign in the future to complete the project.

We are looking forward to celebrating National Nursing Home Week beginning on Mother's Day and we have many fun events planned. Please check out our calendar for details!

We have begun work on revamping and refreshing our menus and will be looking for input from residents – stay tuned!

SAVE THE DATE! Our biggest fundraiser - Charity Polo Day at the Polo Fields in Portsmouth is set for July 13th. We are seeking donations for auction items and would appreciate items such as tickets to concerts/events, experiences such as spa gift certificates, hotel certificates, etc. Thank you in advance!

Warm Regards,

Joan M. Woods, CEO

Chaplains Corner

New Life

As we enter the month of May, let's be thankful for it is a time of warm weather and nature coming back to life. As flowers bloom and animals are born, we are reminded of the innocence and beauty that exists in this world.

Stop for a moment and realize that there is new life all around us. In God's word, we are given new love and new mercies every morning.

In the old Testament the book of Lamentations 3:22-23 reminds us.

The steadfast love of the Lord never ceases;

His mercies never come to an end; they are new every morning;
great is your faithfulness.

Spring provides a wonderful reminder to us that we should be living a full life every day. Trying to leave yesterday behind and looking forward to enjoying today.

There is renewed hope that Spring has come, and with-it new life has come forth!



Jim Davis

Pastor/Chaplain JCSLC



Chef's Corner

Littlenecks and Chourico over Linguini

- 12 Littlenecks
- 2 lbs Ground chourico
- 1/2 lb Fresh cooked linguini
- 1 Whole garlic diced fine
- 4 Split cherry tomatoes
- 1/2 cup white wine
- 1 French baguette
- 1 Tbsp. Fresh grated parmesan
- 1 Stick softened no salt butter
- 1/2 Tsp. Salt
- 1/2 Tsp. pepper
- 1 Tsp. Crushed Red Pepper
- 1 Tsp. Chopped Parsley
- 4 Lemon wedges (1 lemon)



In a large sauté pan on med-high heat, melt half a stick of butter.

Add garlic and onions. Cook until slightly cooked and fragrant.

Add 2 squeezed lemon wedges (just the juice) white wine, salt, pepper, crushed red pepper and littlenecks.

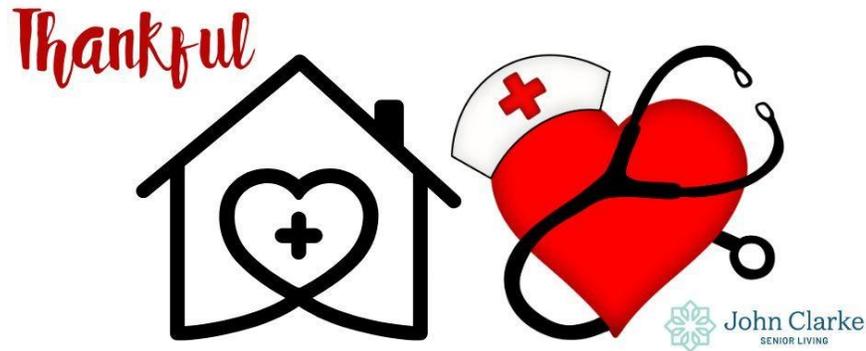
Simmer for 5m or until all the necks open. While simmering, cut the baguette on an angle and lightly butter both sides and broil on both sides until golden brown and the edges are slightly burnt. Believe me it adds to the flavor.

When the necks open up, toss in the split cherry tomatoes and fresh cooked linguini cook for another 3 to 5 m.

Top with fresh grated parmesan and parsley and garnish with the baguette (2 crostini's) and lemon wedge.

Serves 2 to 4 depending on your appetite.

Enjoy, Chef Scott



May 11 – 17 is National Nursing Home Week! We are thankful John Clarke Senior Living is a 501(c)(3) organization that can accept donations and grants. A heartfelt thanks to the following people who made donations last month:

**Tub to Shower Conversion Project
in the Apartments:**

Katherine Pitzer

**Activity Fund Donations
In Memory of Bertha Gagnon:**

Eugene and Paulette LaParle
Claudia Vars

In Memory of Michael Kane:

Merelyn Venancio

Activity Fund:

Cheryl Michaud

General Support Donations:

Tony & Florence Chatowsky

Silent Auction Donation for Polo & Prosecco:

Doreen LePage

In-Kind Donation:

Dedee Milnes





2024 Donor Impact Report



We'll be mailing our 2024 Donor Impact Report in during **National Nursing Home Week**. In it we will share news about some of the initiatives we were able to undertake in 2024 and thank donors for making an impact.

Would you like to receive a copy?

[Email Colleen](mailto:cmcgrath@jcrcri.org) at cmcgrath@jcrcri.org with your name and address and we'll drop a copy in the mail to you!



Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Memorial Day 2025 will occur on **Monday, May 26th**.

Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings, and participating in parades. Unofficially, it marks the beginning of summer season.



Let's Celebrate National Nursing Home Week May 11th-17th



Monday, May 12th
ADMIN / Social Services Day
Disney Theme

Tuesday, May 13th
Maintenance/Housekeeping
Garden Time ~ Yard Games

Wednesday, May 14th
Recreation/Therapy
Kentucky Derby Day

Thursday, May 15th
Nursing
Petal Palooza

Friday, May 16th
Kitchen
Hawaiian Day



Nikki Davis, CNA

Patricia Sousa-Cooper, RN

Marie King, CNA



Merilyn Venancio, May 1st

Carla Pereira, May 2nd

Helen Browne, May 4th

Esther Rosati, May 5th

Barbara Dietz, May 6th

Julia Carreiro, and Erna Scott, May 9th

Atanasia Rodrigues, May 7th

Wayne Pierce, May 12th

Sharon Bird, May 16th

Taylor Gallagher, May 18th

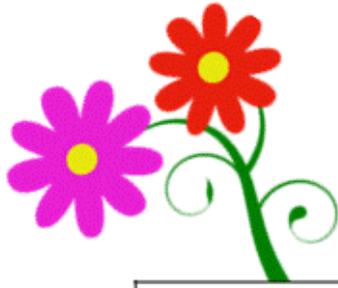
Janice Ludwig, May 21st

Brian Van Dale, May 22nd

Apple Sowden Young, May 23rd

Martin Lynch, May 28th

Barbara Lopez, May 31st



Mother's Day

Second Sunday of May



APPRECIATION
BEAUTIFUL
BREAKFAST
CANDY
CHARMING
COMFORT
DEVOTED
FLOWERS
FORGIVING
GIFTS

GUIDANCE
HUGS
JEWELRY
JOY
KISSES
LAUGHTER
LOVE
MATERNAL
MOM
MOTHER

NURTURE
PERFUME
PROTECTIVE
SHARE
TELEPHONE
TENDER
THE BEST
WARM
WISE

