



# John Clarke

## SENIOR LIVING

Trustworthy Responsive Unity Service Thriving

*We are committed to Improving the lives we serve with respect  
compassion and kindness.*

Dear John Clarke Community,

We are beginning to see the exciting changes take shape with our renovation! This month we are expecting the glass to be installed in the newly created windows, and the mill work should be arriving sometime around the 22<sup>nd</sup>. The new sprinkler system is slowly being installed, and the generator project will start in earnest in early September.



Our hearts go out to the Gabriel House Community in Fall River who suffered unmeasurable loss from fire last month. We are fortunate to have a building designed to mitigate the spread of fire, fire detection and response systems and a fire department a mile away. Our staff are trained at hire and annually on emergency response and we routinely conduct disaster and fire drills both internally and with local and state agencies. Please feel free to let us know if you have any questions about our safety and security at John Clarke.

Annually, our leadership team reviews a Facility Assessment of the Nursing Center. This assessment considers our resident's conditions, both medically, culturally and spiritually. We ensure that our training, staffing and supply needs align with our resident requirements. We are in the process of reviewing this assessment and welcome your input.

Lastly, I would like to remind everyone to remain aware that COVID

has not disappeared and to be considerate about staying home if you are not feeling well. While neither staff nor residents have tested positive, we are hearing about vendors and family members who have tested positive over the last few weeks.

Warm Regards,

Joan M. Woods, CEO

# Thankful



We are thankful John Clarke Senior Living is a 501(c)(3) nonprofit organization that can accept donations and grants.

We are grateful to the following people and organizations who supported us in June and July:

**Activity Fund**

Linda LaParle  
Loraine Winthrop

**In Memory of Phil Amaral**

Barbara Dietz  
Clifton Brownell

**In Memory of Sandra Ratcliffe**

Joyce Leite  
Manny & Elaine Mello  
Kevin Ratcliffe  
Laurie Rodriques  
Sharon Sutphin  
Judith E. Tanner

**In Honor of John Bagwill**

Elise O'Shaughnessy

**In Honor of Marilyn Timperley**

Mark Timperley



**2024 Donor Impact Report**



Thanks to everyone who sent a donation after receiving our 2024 Donor Impact Report. If you'd like a copy, [e-mail Colleen](#) with your mailing address and she will pop one in the mail to you!

### **GRANTS**

#### **Funding for a new generator at The Nursing Center**

The Champlin Foundation

#### **Funding for a new commercial stove in The Nursing Center**

Ocean State Charities Trust

#### **Funding for 2 Configura Chairs in The Nursing Center**

The Harriet Ballou Charitable Foundation

#### **Funding for Community Connections**

St. Columba's Garden Party

### **General Support**

Mary Lou Baker

Leo Cote

Stan Dimock

Isabella Forsyth

Nancy Finn

Teresa Hanos

Jean Handleman

Carol Harness

Carolton T. "Pede" Manchester

Joan Mason

Diane Mederos

Edna O'Connell

Richard Sinnigen

Jennifer Stewart

Loraine Winthrop

Joan Woods

## **Make a Donation**



## **Chaplains Corner**

### **New Support Group Starting this Fall**

I am excited to let you know that we will be offering a new support group here at John Clarke Senior Living Center. Please see the following message.

### **To our John Clarke Families**

I hope this message finds you well. I also want to reiterate what a privilege it is for John Clarke Senior Living to be entrusted to care for your loved one.

We recognize that many caregivers need support - we truly understand that being an advocate for family members can be a highly emotional, and at times, stressful and isolating road to travel. It's because of that understanding that we are working to establish a Caregiver's Support Group here at John Clarke. The idea is to host a once-a-month, one-hour gathering at our facility, so that participants can share their experience, ask questions of each other, and provide support to one another. Participation is completely optional and there's no need to commit to regular engagement.

I am privileged to have Stacey Mihaly working alongside me in this endeavor. Stacey's mother was a resident here at John Clarke and has recently walked the path you are presently on.

**We will be hosting our first meeting on September 9th at 5:30 -6:30 pm. We hope you or a family member can join us.**

If you are able, please RSVP to [jdavis@johnclarkeseniiorliving.org](mailto:jdavis@johnclarkeseniiorliving.org) or 401-846-0743 ext.138 by September 5th.

1 Thessalonians 4:18 "Therefore encourage one another with words."



### From the Kitchen

Strawberry Salad with  
Maple Balsamic  
Vinaigrette



Salad ingredients:  
6 cups mixed

greens

2 cups fresh quartered strawberries

1/4 cup crumbled bacon

1/4 cup walnuts

1/4 goat cheese

1/4 cup diced red onion

Salt and pepper to taste

Dressing:

1 cup balsamic vinegar

3 tbsp. olive oil

2 tbsp. Dijon mustard

2 tbsp. local maple syrup

Directions:

In a blender add all dressing  
ingredients then blend until  
emulsified.

In a large salad bowl add all  
ingredients except bacon and gently  
toss until the dressing is incorporated.  
Sprinkle with bacon and serve.

Enjoy ~ Chef Scott

## Thursday, August 21st

Take an elder to lunch for National Senior  
Citizens Day and Reminisce about  
Summertime.



Visit farmers markets and pick produce to make a healthy meal.

Reminisce about canning and freezing foods  
Plan and go on a picnic. Press some flowers.  
Visit various gardens and take pictures of the flowers in bloom.



**Kathleen Bronson, and Elizabeth Seveney, August 2nd**

**Otillia Leslie, August 6th**

**William Jasinski, August 7th**

**Amanda Weiss, August 10th**

**Zachary Hahn, August 11th**

**Sarah Pener, August 14th**

**Mary Ann Gawalt, and August 15<sup>th</sup>**

**Doreen Machado, August 19th**

**Emma Kane, August 22nd**

**Arlene McLaughlin, August 24th**

**Marion Robertson, August 26th**

**Edward Hogan, August 28th**

**Norma Stinson and Nathan Stonge, August 29th**

**Ruth Barker, August 31st**



Thank you to everyone who supported

# Polo & Prosecco

2025



## Polo & Prosecco Silent Auction donors

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**Del's Lemonade provided by**  
Macray's Seafood in Tiverton

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David & Teresa Dalke  
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Rev. Cynthia Smothers  
Claudia Sweeney

**In Memory of Seldon B. Smith**  
Cheryl Michaud

**In Memory of Carol Silverbush**  
Stacey Mihaly

**In Memory of Mary R. Zagaglia**  
Linda Zagaglia Gutierrez





## National Immunization Awareness Month

August is **National Immunization Awareness Month**. Older adults tend to have weaker immune systems; thus, Senior Citizens are more likely to develop infectious diseases. A lower protective immune response also means the vaccines are less effective for older adults. In some cases, a **higher dose vaccine** is available for people over the age of 65. Talk to your doctor about which vaccine is right for you. Above all, Seniors should get the annual flu shot. Americans over the age of 65 are the most susceptible to complications from the influenza virus (the flu). The vast majority (70 to 85 percent) of flu-related deaths occur in the **65 and older population**. Likewise, older adults make up the majority of hospitalizations due to complications from the flu.

Check out what we have going on for residents this month!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>August 2025</h1>  </div>						
<b>3</b> Zoom Church 10:30 Hymn Sing 2:00 Courtyard Golf/ Bocce 6:00 Bottoms Up	<b>4</b> 10:00 Pet Therapy w/ Shadow 11:00 Time w/Chaplain Jim 2:00 Bingo 3:30 Corn Shuckers	<b>5</b> 10:00 Circle of Friends 2:00 Bowling 3:30 Cribbage w/ Ray 4-7 Time w/ Nathan <b>BEACH CONCERT</b>	<b>6</b> 10:00 Memory Café 11:00 Resident Council <b>2:00 Make your own Ice Cream Sunday</b> 3:30 Bible Study 4-5 Blackjack 6-7 Time w/Nathan	<b>7</b> 10:00 Coffee Hour Ma's donuts Garden Club 2:00 Van Ride 3:30-5 Courtyard	<b>8</b> 10:00 Catholic Mass <b>2:00 Entertainment Doug B</b> 3:30 Blackjack 6 Game Nite w/Zack	<b>9</b> 10:00 Morning Exercise 2:00 Bingo 3:30 Courtyard Games 6:00 Movie
<b>10</b> Zoom Church 10:30 Hymn Sing 2:00 Courtyard Golf/ Bocce 6:00 Bottoms Up	<b>11</b> 10:00 Pet Therapy w/Shadow 11:00 Time w/Chaplain Jim 2:00 Bingo 3:30 Corn Shuckers	<b>12</b> 10:00 Circle of Friends 2:00 Summer Craft 3:30 Cribbage w/ Ray 4-7 Time w/ Nathan <b>BEACH CONCERT</b>	<b>13</b> 10:00 Memory Café <b>2:00 Men's Group</b> 3:30 Bible Study 4-5 Blackjack 6-7 Time w/Nathan	<b>14</b> 10:00 Coffee Hour Ma's donuts Garden Club 2:00 Van Ride 3:30-5 Courtyard	<b>15</b> 10:00 Rosary Courtyard <b>2:00 Entertainment Gary Farias</b> 3:30 Blackjack 6:00 Game Nite	<b>16</b> 10:00 Morning Exercise 2:00 Bingo 3:30 Courtyard Games 6:00 Movie
<b>17</b> Zoom Church 10:30 Hymn Sing 2:00 Courtyard Golf/ Bocce 6:00 Bottoms Up	<b>18</b> 10:00 Pet Therapy W/ Shadow 11:00 Time w/Chaplain Jim 2:00 Bingo 3:30 Corn Shuckers	<b>19</b> 10:00 Circle of Friends 2:00 Van Ride 3:30 Cribbage w/ Ray 4-7 Time w/ Nathan	<b>20</b> 10:00 Memory Café <b>2:00 Movie Jaw's</b> 3:30 Bible Study 4-5 Blackjack <b>GENTLEMAN'S DINNER</b>	<b>21</b> 10:00 Coffee Hour Ma's donuts Garden Club 2:00 Root beer Floats Bottoms Up 3:30-5 Courtyard	<b>22</b> 10:00 Rosary Courtyard 2:00 Entertainment W/ Bobby B 3:30 Blackjack 6:00 Game Nite	<b>23</b> 10:00 Morning Exercise 2:00 Bingo 3:30 Courtyard Games 6:00 Movie
<b>24</b> Zoom Church 10:30 Hymn Sing 2:00 Courtyard Golf/ Bocce 6:00 Bottoms Up	<b>25</b> 10:00 Pet Therapy w/ Shadow 11:00 Time w/Chaplain Jim 2:00 Bingo 3:30 Corn Shuckers	<b>26</b> 10:00 Circle of Friends <b>11-3 Beach Picnic</b> 3:30 Cribbage w/ Ray 4-7 Time w/ Nathan	<b>27</b> 10:00 Memory Café <b>2:00 Music Therapy Bell's w/Graham</b> 3:30 Bible Study 4-5 Blackjack	<b>28</b> 10:00 Coffee Hour Ma's donuts Garden Club 2:00 Van Ride 3:30-5 Courtyard	<b>29</b> 10:00 Rosary Courtyard <b>2:00 Entertainment w/ Chris Waters</b> 3:30 Blackjack 6:00 Game Nite	<b>30</b> 10:00 Morning Exercise 2:00 Bingo 3:30 Courtyard Games 6:00 Movie
<b>31</b> Zoom Church 10:30 Hymn Sing 2:00 Courtyard Golf/ Bocce 6:00 Bottoms Up	<b>WEEKLY COOKOUTS WILL BE WEDNESDAY OR THURSDAY'S</b>  <b>BEACH CONCERTS 7/5 AND 7/12</b>					



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>August 2025</h1> 						
					10:00 Catholic Mass w/Fr Hiep 10:00 Shopping w/Shawn 2:00 Entertainment w/Doug B	2
3 2:00 Cribbage w/Pat and John 2:00 Next Door Bingo	4 11:00 Prays and Praise w/Chaplain Jim 11:30 Lunch Siam Square <b>BEACH CONCERT</b>	5 10:00 Coffee and Donuts 11:00 Chair Exercise 1:30 Tabletop Bowling 3:00 Bible Study w/Chaplain Jim	6 <b>CHARLENE OFF</b>	7 10:30 Music Therapy w/Bells	8 10:00 Shopping w/Shawn 2:00 Entertainment w/Gary Farias 4:00 PORCH PARTY	9
10 2:00 Cribbage w/Pat and John 2:00 Next Door Bingo	11 11:00 Prays and Praise w/Chaplain Jim 11:30 Lunch at Sakonnet River Grille <b>BEACH CONCERT</b>	12 10:00 Coffee/Donuts 11:00 Chair Exercise 1:30 Aug 8-day Ice Cream Social 3:00 Bible Study w/Chaplain Jim <b>COMMUNITY GARDEN</b>	13 9:00 Breakfast at IHOP 9:30 Shopping at Shaws 1:30 B/P Clinic 3:00 Shared Community Courtyard	14	15	16
17 2:00 Cribbage w/Pat and John 2:00 Next Door Bingo	18 9:15 Dollar Tree 11:00 Prays and Praise w/Chaplain Jim 2:30 Courtyard Games	19 10:00 Coffee/Donuts 11:00 Chair Exercise 1:30 Horse Races 3:00 Bible Study w/Chaplain Jim <b>GENTLEMENS DINNER (details to come)</b> <b>COMMUNITY GARDEN</b>	20 9:30 Breakfast at Newport Creamery 1:30 Tenant Meeting 3:00 Movie time	21	22 10:00 Shopping w/Shawn 2:00 Entertainment w/Bobby B	23
24 2:00 Cribbage w/Pat and John 2:00 Next Door Bingo	25 11:00 Prays and Praise w/Chaplain Jim 1:30 Van Ride Ocean Drive/Kings Park	26 10:00 Coffee/Donuts 11:00 Chair Exercise 2:00 Music Therapy w/Bells (next door) 3:00 Bible Study w/Chaplain Jim <b>COMMUNITY GARDEN</b>	27 9:00 Shopping at Dave's ???	28	29 10:00 Shopping w/Shawn 2:00 Entertainment w/Chris Waters	30
31	<b>INDEPENDENT LIVING</b>  <b>BEACH CONCERTS 8/5, 8/12</b> 					



The John Clarke Retirement Center | 600 Valley Road | Middletown, RI 02842 US

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